THE SHUL SHOFAR

VOL. 22, NO. 1

* Congregation Beth Israel * Bellingham, WA 98225 * www.bethisraelbellingham.org * (360) 733-8890

Call to pastoral care

3 congregants embark on chaplaincy program

BY JAY S. NAHANI **BRAUNSTEIN**

According to Rabbi Samuels, spiritual care is something many people say they could never do, but he disagrees. "I think we can all provide this kind of care for others. It's one of the main reasons I became a rabbi in the first place."

That said, having three congregants in the Beth Israel community who are trained to

do just that is something Rabbi Samuels finds deeply inspirational. CBI members Geraldine Reitz. Vermeda Fred, and Elkah Katz all have been involved with the Clinical Pastoral Education (CPE) training program through St. Joseph Medical Center's Spiritual Care Department.

"This is what Judaism asks of us." Rabbi Samuels, who is part of the Spiritual Care Department's profes-



From left: Rabbi Joshua Samuels, Vermeda Fred, Elkah Katz and Geraldine Reitz.

sional advisory group, says: "To care for one another and 'to visit the sick,' as our prayer Eilu Devarim tells us." Three members of our community having embraced this specific mitzvah at this time in our history is significant and strengthening, he says.

The CPE comprehensive training is offered through St. Joe's in fulland part-time units, requiring visits to patients of all faiths, patient

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FROM THE RABBI

Practicing for High **Holy Days**

I remember sitting in liturgy class during my first year of rabbinical school in Jerusalem when



mv teacher. Rabbi Moshe Silberschein. shared a story about the Baal Shem Tov. The Besht, as he is also known, approached a synagogue to daven. But right

before he was about to enter, he turned around. Asked why he made this sudden decision, the Besht told his disciples that there were too many prayers inside. "But Master," they followed up, "surely a room full of prayer is a good thing?" The Baal Shem Tov answered, "All the prayers are stuck in the building. None are going up and reaching God."

I don't know about you, but there have been plenty of times in my life when I felt as though my prayers or the communal prayers of a service I was a part of, didn't have wings. The words were recited as rote, with little emotion. The songs were not sung with passion. The service was simply uninspiring.

We all want a transformative experience when we step foot in

INSIDE:



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From the President ...

Contractor delays require back-up High Holy Days plan

Dear fellow congregants,

We learn in I Kings, chapter 6, that Solomon built the Temple in



Jerusalem 480 years after the exodus from the land of Egypt. This is a good reminder not only of the historic vision of our people and our connection to the past, but also of our

ability to overcome the most difficult of obstacles. We also learn that the building of the Temple took seven years. The construction of our new temple has taken a little longer than that, but we have not had the assistance of the Phoenician King, Hiram of Tyre. As we start to finalize plans for our upcoming move, I thank all of YOU for making this tremendous achievement possible.

As I discussed in the last issue of the Shul Shofar, we still do not know on precisely what date in the coming months we will achieve occupancy of our new home. The new synagogue site on San Juan Boulevard is undergoing a remarkable transition as the exterior work takes shape. The grounds of the new synagogue will soon match the beauty of the building itself. The hardscaping we are undertaking includes creating drainage and rain gardens for water management on site, and laying out the roadways and parking lots, which must be graded, paved, and curbed. A fenced play field is taking shape as well as the outdoor patio space that will allow for increased use for great events on San Juan Boulevard.

Board members are being asked how much of this work is necessary, and this is an important question. Much of the landscaping and earth moving must be done for permitting, and it must be done while the heavy machinery is on site. This is true as well for fencing and other security measures. We are also completing required work for occupancy to connect the building to phone lines and the internet. The site is alive with activity, and our construction partners are making every effort to help us achieve occupancy as soon as possible. To do so we must rely on a number of factors beyond our immediate control, including the weather and the availability of critical subcontractors who are in great demand during this very busy building season.

The board is working to ensure that the final phase of construction proceeds as efficiently as possible and to create contingency plans for CBI's operations in the event of delays in our occupancy. We do not anticipate that these delays will last beyond the end of this calendar year, but this means that we must be prepared once again to host the High Holy Days elsewhere if necessary, and to find temporary homes for regular activities like the start of the Kesher school year and Shabbat services. We still hope to host a portion of the High Holy Days at San Juan Boulevard. However, our first concern is congregant safety, and the exterior work may render the building inaccessible.

To preserve our options, we have reserved the Crystal Ballroom at the Leopold on Sept. 20 and 21, 2017, for Rosh Hashanah services, and on Sept. 29, 2017, for Kol Nidre. The second day of Rosh Hashanah will be held as usual at 2200 Broadway on Sept. 22, 2017. For Yom Kippur services we have accepted a very generous invitation from the First Congregational Church to host our

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CONGREGATION BETH ISRAEL

2200 Broadway Bellingham, WA 98225

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Deadline for submission of all articles and calendar events for the November/December issue is OCTOBER 15. Call the office for more information.

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SERVING REFORM CONGREGATIONS IN NORTH AMERICA

From the Cantorial Soloist

Relationships enrich shul experience

NewCAJE annual conference on Jewish education, Educators, administrators, rabbis, and cantors from all



denominations came together to share best practices and inspire each other to raise our efforts to the next level. The workshops I attended ranged from "how

meaningful," to "why blue-grass Jewish music?" to "how we can include and support our interfaith families in a more active way."

Every time I attend, I find myself rejuvenated (or as I like to say, re-JEWvinated), inspired, and ready to begin the new year with new ideas, new music, and strengthened goals. But this year went deeper than that.

After all the learning and sharing at NewCAJE, I keep coming back to

I just came back from attending the relationship. What makes our congregation special are the relationships we have with each other, and the extended family we create together. Prayer becomes rich and meaningful when we reach for a relationship with God, and we search inward for a relationship with our inner selves. Torah comes alive when we have a relationship with it by interpreting the texts in a way that connects to our own lives. Our primary to make prayer more purpose as a synagogue is to help each other in our ever-developing relationship with our personal Jewish path, and how that growth inspires us to reach out and help others.

> How are we supporting these relationships in everything that we do?

What do you want your relationship with your Judaism, your community, and your idea of God to look like? How can we create that together?

Keeping the idea of relationship at the forefront of our intentions can

shift how we, as staff, approach programming, classes, services, and much more. It also can guide how we, as congregants, choose to get involved, how we prepare to pray, and what of ourselves we bring to others in our community and beyond.

Listening to stories during workshops reminded me just how good a job we do at building a hamish (warm and homey) community at Beth Israel. So I know we can grow and go further to strengthen these relationship points. I hope you will continue this conversation with me. Talk to me after services or email me and set up a time to get coffee.

As the new year draws near, my wish for us is that we can approach our prayer services as an opportunity to reach upward to the Divine, and reach inward to ourselves, and that we find many moments to reach outward to connect with others.

Kol B'yachad — **Sing Together**

Come and learn new music to sing together for the High Holy Days services. Open to all who like to sing or just want to learn new melodies. This is not a formal choir. Everyone who learns the music will be encouraged to sit together in the congregation to support each others voices to inspire everyone to join in.

Rehearsal Schedule:

Sunday, Aug. 27: 4:30-5:45 p.m. Wednesday Sept. 6: 7-8:15 p.m. Sunday, Sept. 10 & 17: 4:30-5:15 p.m.

Preparing hearts for Days of Awe

Saturday, Sept. 9 1:30-3 p.m.

Join Cantorial Soloist Andrea Shupack in a musical exploration through the liturgy of Selichot, Rosh Hashanah, and Yom Kippur.

This class will awaken our hearts and minds to help us prepare for the High Holy Days, through experiencing the melodies, stories, and teachings of this period of deep renewal and introspection.

Synagogue 411

Archives: Tim Baker, 647-7031 Care: Sylvia Williams, 319-5059 **Kesher Parent Committee:** Nora Mazonson, (360) 422-5900 Library, Scrip: Joan Wayne, 676-8939

Membership: Rita Spitzer, 647-7065; Ann Suloway, 647-7031 New Synagogue Task Force: Warren Rosenthal, 961-9772 Scholarship: Emil Hecht, 733-4825 Social Action: Linda Blackwell, (360) 647-9519

'Defending Your Life' film for Selichot

This Selichot we will be getting into the High Holy Day mood by watching Albert Brooks's philosophical comedy, Defending Your Life, co-starring Meryl Streep.

Yuppie Daniel Miller is killed in a car accident and goes to Judgment City, a waiting room for the afterlife. During the day, he must prove in a courtroom-style process that he successfully overcame his fears and learned from his mistakes in order to move on to a life in a better world. This film explores the High Holy Day theme of reviewing your life to celebrate positive choices and rethink poor ones.

The movie will begin at 7 p.m. Saturday, Sept. 16 at 2200 Broadway, followed by a dessert potluck and our annual Selichot service at 9 p.m.

Multidenominational Jewish learning weekend in Seattle

Limmud Seattle, an exciting and powerful Jewish learning event, will be held in Seattle Saturday and Sunday, Jan. 13-14, 2018.

Limmud is part of a global movement that began in the UK in 1980 and has since expanded to more than 80 communities worldwide. Limmud events are multidenominational, volunteer-led and based on values of diversity, respect and empowerment as well as learning and growth.

Limmud, which means learning in Hebrew, aims to take participants one step further on their Jewish journeys. In Seattle, dynamic Jewish thinkers, innovators, entertainers and educators — some local and some from around the country — will present a wide range of programs. Tentative themes include Arts, Eats, Tunes and Culture; Torah and Philosophy; Justice, Ethics and Activism; and more. The aim is to offer something for everyone, regardless of Jewish involvement or practice.

One of the unique and fabulous things about Limmud is that each event is designed by and for the Jews within the community in which it is held — all volunteers.

The goal is to invite participation and recruit volunteers from every corner of our vibrant, diverse Jewish community.

Go to the Limmud website at www.limmudseattle.org for more information on the event and to volunteer.

Birthdays

_								
SEPTEMBER 2017			9/19	Melissa Stahlberg	10/1	Warren Rosenthal	10/14	Ray Wolpow
9	/2	Owen Orloff (8th)	9/21	Darcie Donegan	10/2	Kayla Orloff (15th)	10/15	Marta Brand
9	/3	Emil Hecht	9/21	Emma Konikoff (5th)	10/4	Barry Meyers	10/15	Gayle Gordon-Martin
9	/3	Samantha Sommers	9/22	Roby Blecker	10/6	Michael Lewis	10/15	Warren Taranow
		(16th)	9/22	Elliot Probst (11th)	10/6	Michael Sommers	10/16	David Zimmerman
9	/4	Leonard Berman	9/23	Carrie Adelstein		(13th)	10/17	Elka Fink
9	/4	Gabriel Mayers	9/23	Jenny Katz (14th)	10/7	KJ Jantzen	10/19	Leslie Adelstein
9	/4	Chi-Na Stoane	9/23	Russell Stolzoff	10/7	Orly Lindner (14th)	10/20	George Farkas
9	/5	Marilyn Eisner	9/23	Terri Weiner	10/7	Niles Roberts	10/20	Sascha Guenter
9	/5	Elliot Levinson (10th)	9/24	Nancy Miller	10/8	Sarann Donegan		Schlesinger (22nd)
9	/6	Judy Berman `	9/25	Mark Hunter	10/8	David Goldman	10/21	Roy Evans (21st)
9,	/6	Harriet Markell	9/25	Ahuva Scharff	10/8	Nancy Lazarus	10/21	Gail Shuster (14th)
9,	/9	Daryl Dixon	9/27	Nancy Davis	10/8	Sheldon Mazur	10/22	lla Anderson (6th)
9	/11	Steven Garfinkle	9/27	Janet Hughes	10/8	Mary Nathanson	10/23	Martha Greenstone
9,	/11	Eytan Samuels (8th)	9/27	Debby Meyers	10/9	Kevin Donner	10/26	Rifka MacDonald
9,	/12	Miriam Davids	9/28	Arlene Feld	10/9	Armando Lindner	10/27	Jacob Anderson (16th)
9,	/12	Marcia Lippman	9/29	Noémi Ban	10/9	Gabriel Shaltiel	10/27	Perry Davids
9,	/12	Sandra Miller	9/30	Regan Levinson	10/9	Talia Sheinkopf	10/27	Renee Relin
9	/13	Bruce Van Glubt	9/30	Else Sokol		(19th)	10/28	Lea Donner (8th)
9,	/15	Lucy Naiman (9th)			10/10	Beverly Harrington	10/28	Lee Waitz
9	/15	Lydia Sherwood	OCTO	BER 2017	10/10	Amanda Robins	10/29	Katie Somers
9	/16	Elizabeth Sheinkopf	10/1	Elena Buri (19th)	10/11	James Barney (3rd)	10/30	Lynne MacDonald
9	/18	Esther Faber	10/1	Isabel Buri (19th)	10/11	Kaya Sherwood	10/30	Neri Maxim (14th)
	/18	Mark Packer	10/1	Tracey Levine		Bally (16th)	10/30	Jay Solomon
9	/19	Perry Somers	10/1	Bernice Loober	10/13	Matthew Keefe	10/31	Erik Hammerstrom
		•						





Let's join with 5,000 Reform leaders

With the theme of "Reimagining Jewish Life," our congregation will join with hundreds of others from across North America at the URJ Biennial 2017 from December 6-10, 2017, in Boston, MA. And you need to be a part of it!

Leadership development, networking, Jewish learning, and how-tos to strengthen our congregation will be center stage at 2017 Biennial in Boston

What is the Biennial?

The URJ Biennial is the largest Jewish gathering in North America. The Biennial will bring together 5,000 Reform leaders, including lay leaders, professionals, clergy, and youth leaders representing 1.5 million North American Reform Jews. Together, we'll learn, pray, share ideas, network, celebrate, and make decisions about the future of Reform Jewish life. We'll return to Beth Israel armed with new resources and ideas, as well as with the enthusiasm and know-how to put them to use to strengthen and enrich our spiritual home.

What happens at Biennial?

- Networking, learning, and sharing with other congregational leaders
- Plenaries and breakout sessions featuring renowned speakers
- Important discussions and debates about today's critical issues and the direction of Reform Judaism
- World-class Jewish music and entertainment
 - Inspiring worship

- Amazing shopping in the Biennial Exhibit Hall
 - ...and so much more!

What's in it for our congregation?

- Programming tailored to us: Sessions cover a wide range of topics, offering how-tos and hands-on learning for all facets of congregational life from membership and outreach to leadership development, from social justice to social media, and everything in between.
- Five intensive "tracks":
 These tracks will focus on the core
 congregational priorities of Strengthening Congregations, Tikkun Olam
 (social action), Audacious Hospitality,
 Youth Engagement, and Transforming Texts. We can customize our Biennial experience based on our specific needs.
- Leadership development: Biennial is a great, cost-effective way to gain knowledge, skills, and leadership training, and to network with our peers from other congregations. Many synagogues use the Biennial as the perfect opportunity for a leadership/board retreat.

- Strengthening our relationships: The shared experience of Biennial offers a rare opportunity to strengthen our bonds with each other as members of one synagogue family.
- A Jewish pick-me-up: We'll return home spiritually refreshed, more deeply connected to our Reform Movement, and full of new and creative ideas to try in our congregation.

How do we sign up?

You can find lots of information and register right now at www.urj.org/biennial. If we register by October 10, we'll get the best pricing. The larger our delegation, the greater our benefits and discounts — so let's save the dates now and start making our plans.

Please contact me as soon as possible if you are interested in attending the Biennial or have any questions. Let's send a strong delegation to Boston this December, and we will return even stronger!

L'shalom.

— Rabbi Joshua Samuels







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From the Social Action Committee

Food, coat drives, jail presentation planned

High Holy Days food drive

Help the Bellingham Food Bank with a donation during the High Holy Days. Get a grocery bag on Rosh Hashanah and bring it back full of canned or packaged food you won't be eating on Yom Kippur. Look for a car labeled Food Bank outside services on Yom Kippur, at morning and afternoon services. Do not bring food into the services. Checks should be made out to the Bellingham Food Bank. NO food will be collected at the synagogue this fall.

Winter Coat Drive

This program brings warm coats to people in need countywide. Please bring clean, gently used winter coats, hats, gloves and mittens to the new synagogue during the last weeks in October. More information as to dates will be in future e-news. As a congregation we have volunteered to distribute coats in the past. It would

be great to have a larger presence this year with sorting or distribution of coats; please contact Linda Blackwell, or Interfaith Coalition at (360) 734-3983, if interested.

CAST

Thanks for your ongoing contributions to CAST (coffee and sandwiches on the street). We appreciated donations of small soaps, shampoo and toothpaste. The acceptance of donations will restart when we are in the new synagogue. For now, it would be great to start up a CBI team to distribute food one night a week. Please contact the social action committee if interested. This program is run through the Interfaith Coalition; sandwiches and other food are assembled at St John's Lutheran Church on Tuesdays.

Future Plans

We are working on an educational presentation in October about the

new jail planned for Whatcom County. The November ballot item seeks approval for a Whatcom County sales tax to fund construction of a new jail and related criminal justice programs, including mental health treatment and methods to reduce incarceration. Presentation date and location to be announced.

> Linda Blackwell, committee chair

BREAK THE FAST HELP NEEDED

Volunteers are needed to help with the Break the Fast at the conclusion of Yom Kippur, Saturday evening, Sept. 30, 2017. Help is especially needed with cleanup after the meal – any help is appreciated! Please contact Lynn Korner, (360) 671-2607 or Linda Blackwell, (360) 647-9519.

Anniversaries

Sept. 5 Kendra Bradford and Todd Shuster	(#21)	Sept. 30) Marta & Craig Brand	(#39)
Sept. 5 Gary & Nancy Lazarus	(#35)	Oct. 9	Jane & Erik Hammerstrom	(#2)
Sept. 6 Jason & Chi-Na Stoane	(#18)	Oct. 9	Roy & Leslie Shankman	(#29)
Sept. 12 Stuart & Cinda Zemel	(#41)	Oct. 10	Marcy & Jeff Probst	(#25)
Sept. 14 Phyllis & Shelly Mazur	(#65)	Oct. 10	Mary Somerville and Gary Marzullo	(#25)
Sept. 22 Tami DuBow & Frank Corey	(#16)	Oct. 14	Mark & Naomi Pomerantz	(#11)
Sept. 25 Perry & Katie Somers	(#12)	Oct. 17	Lee & Debbie Waitz	(#35)
Sept. 29 Andi & Kevin James	(#16)	Oct. 24	Lydia Sherwood and Ron Bally	(#24)

Did we miss your anniversary? Call the office at (360) 733-8890 or email office@bethisraelbellingham.org and let us know the month, day & year of your special day.





Bearing fruit through communication and change

From the Kesher Center for Jewish Learning

Grounding helps form Israel opinions

In June I attended a workshop about Israel education for children and youth in Jewish settings at the beautiful Camp Solomon Schechter in Tacoma. Educators, rabbis and Jewish pro-



gram directors from across the Pacific Northwest attended. The Day of Learning was well organized and included a variety of

speakers, activities, and curricula demos. But most importantly, it included candid discussions about how they handle what is referred to as "Israel Education."

I was disheartened to hear many candidly say they were reluctant to

bring up Israel as a subject in sermons, adult education, and even religious school settings. There was agreement that the subject of Israel is now more divisive to congregations than ever, and congregational leaders and educators evade this issue to keep the calm (and their jobs) in their communities.

But thanks to the wonderful keynote speaker, Shalom Orzach, a veteran Jewish educator from the iCenter in Israel, we were reminded that: yes, we have a *matzav*, a (political) situation, also known as "the conflict." And the *matzav* will not be resolved over an Oneg Shabbat table, miles and miles away from Israel. This IS a complex issue with the perfect potential to be divisive. Orzach suggests that, in order to give our youth the wings to make their own decisions about their relationship with Israel, and the confidence to speak up, we must first give them the roots to hold them steady. Orzach says that subjects that surface with current events should be





United if not always unified in political views: Jewish educators at the Pacific Northwest Day of Learning at Camp Solomon Schechter in June 2017.

discussed with our students. As educators we can speak about Israel through subjects such as: *Tikkun Olam, Mishpacha* (family), *Arvut Hadadit* (responsibility to our community) — all values inseparable from Israel.

Israel education is not a prescribed narrative. Just like in the United States, some parts of its narrative will make you prouder than others, and current events do not fully capture the story of an entire nation or people. Israel education is a narrative that is rich, spans thousands of years, carries so much wisdom and lessons, and most of all it is a part of our story.

The new year of 5778 at Kesher will highlight this part of our story, our kesher (connection) to Israel, as she turns 70 years old. The objective: to bestow our children with the knowledge and confidence to speak about Israel wherever they might find themselves: high school, college, a cocktail party, and especially in their own Jewish communities. A few of our activities will include: "twinning" with a school from Jerusalem for a year-long program of peer correspondence, using the Rozzy DISC (Discovering Israel through STEAM Careers) program for younger grades, and Parent Enrichment Program talks on fascinating subjects related to Israel.

I look forward to exploring Israel as our shared story with the CBI community. Wishing you a wonderful and a blessed new year — Shanah Tova u'Mevorechet.

בְּבַרְכַּת שָׁנָה טוֹבָה וּמְבֹרֶכֶת, —Sagit Hall שגית הול Director, Kesher Center for Jewish Learning

Faces in our community

Glass shop is family legacy

4th generation of Adelsteins at helm of Louis Auto Glass

BY LINDA HIRSH

Picture this: An old man sidles up to the counter, rubbing his chin and says, "I remember your grandfather Louis," Rick recalls.

"No, you mean my dad."

"No, your grandfather Louis."

"But he passed away in 1954."

"'I remember Louis because when I was a young man, he helped me' ... or 'I remember him for the way he treated me or did me a favor,' " said Rick, owner of Louis Auto Glass.

It's a dialogue that often occurs between Rick and his older customers, signaling the heavy repeat business the 88-year-old company does. But that's bound to happen when a business is handed down through four generations.

This legacy is unusual. According to The U.S. Census Bureau, the percentage of businesses that remain in the family into the second generation is 30 percent, into the third-generation 12 percent, and into the fourth generation a mere 3 percent.

Rick is aware of the statistics. And so nostalgia exists everywhere in the shop to honor the company's age and its singularity. For instance, just beyond the door sits the very cash register Louis bought for his business. Its marble panel and brass sides decorated with elegant curlicues makes it an eloquent symbol of remembered roots.

Also, murals by local artist Dave Byron of old-time jalopies, convertibles, station wagons and trucks abound. An ancient Ford truck with a wooden bed stands outside Final Touch Auto Spa, the lowa Street business owned by Rick, son Ari and daughter Carrie.

One steady customer is Debbie Raas, who doesn't hesitate to describe her experience with Louis Auto Glass. For Debbie, a longtime Bellingham resident, it's the family.

"It's Adelstein," she said. "It is always nice to know the owner when you stop in to get a windshield repaired or need new windows. Rick even helped me and (my son) Adam get a piece of plastic glass of the right size for our inside kitchen skylights. Even nicer is seeing Carrie, Ari and Lindsey working with their dad."

One must dig deep into history to see how this success came about.



From left: Steve, Rick, Mel and Gary Adelstein.

On Rick's mother's side was great-grandmother Rose from Lithuania. She and her husband, Benjamin Glazer of Russia, immigrated in the early 1900s after marrying in New Haven, Conn. Rick isn't sure how she migrated up to the Northwest, but she became one of the founders of the Jewish community in Bellingham. Many Jews lived in the Lettered Streets neighborhood. Rick's father, one of the first to have a bar mitzvah in Whatcom County, lived right next door to the synagogue.

They became key members of Congregation Beth Israel. That tradition has carried through the same four generations. Steve is a past congregational president and wife Leslie was active on the religious school committee.

The name Glazer means glassworker, but it was Rick's father's side that started the business in the not-so-auspicious year of 1929, the year of the stock market crash that began the Great Depression. Times were tough. Still, "with talk about the Gold Rush, people moved north towards Alaska," Rick said. "Some ended up in Bellingham."

And Depression or not, the small town's traffic groaned with logging trucks.

For Louis Adelstein, a Seattle native, Bellingham seemed "the land of opportunity," Rick said. "He said, 'let's start a business.' "

SUMMER GATHERINGS

Unusually sunny weather made for good attendance at our summer 2017 Beth Israel events. In July, Beth Israel joined in the Pride Parade march through downtown Bellingham (below); Rabbi Samuels and family at Camp Kalsman in July, with Bellingham campers and staff (right); membership committee, board members and new members at the annual ice cream social (center) and for a community pool party in August (bottom).









THE ADELSTEIN FAMILY

Continued from Page 8

In an environmentally correct move ahead of its time, Louis purchased junk cars to salvage and sell transmissions, steering wheels and glass — whatever he could pull from the wreckage. He dubbed the business Louis Auto Parts.

The family has kept up the spirit of environmentalism. Hanging on the wall in the waiting room is a plaque dated 2012, from Sustainable Connections, a community outreach organization. In addition, *Business Pulse* magazine in 1994 honored the small business, and in 2011, a large business award, putting it in the category of Haggen, Rick said.

By the 1930s the business was humming. It soon grew out of its headquarters, relocating across the street from Gordon's Auto Parts. This created a competition not only between two Jewish businessmen but also Congregation Beth Israel members.

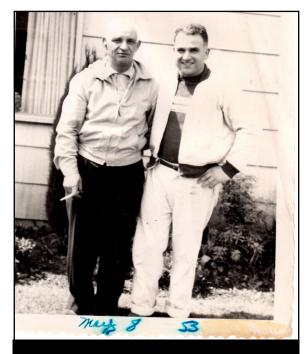
"Then they expanded their horizon," Rick said, "buying the two lots in 1939 where they are now located. Then it was vacant land."

The business, now known as Louis Auto Glass, opened in its new location in 1941, just before Mel Adelstein, Rick's father, joined the fighting in WWII, on the front line in Germany. He returned home in 1944 and married Shirley Glazer of Seattle in 1948. When Louis died in 1953 at age 55, Mel took over the business. Then all eyes turned to Rick.

"But who would want to work for their dad?" Rick asked.

Instead, Rick was enamored of sports and yearned to work in the sports supply business. He did know he was fated for the business world, though.

His penchant started early. Bun Jaffe, another Congregation Beth Israel member, gave Jewish youngsters the chance to learn about business by giving them jobs at his Northwest Liquidators, a company



Louis and Mel Adelstein in 1953.

that bought inventory from those going out of business. He directed the 14-year-old Rick to the shoe department. Among Rick's tasks were checking stock, marking prices, working the cash register and giving the correct change.

"He taught me to be a retail salesman," Rick said. "He was my mentor."

Rick's first year in college he worked part time for Value Mart, a company in Rehome Mall that leased space to independent companies to sell out-of-date stock. Since Rick knew shoes, that's where he worked.

After getting his associate's degree at Skagit Community College, he attended Western Washington State College for a while and worked part-time for his dad. Older brother Steve also worked for their dad part-time through high school and college, saving up money to pay for law school.

"When Steve left in 1971, I took his spot," he said. "It was a thrill for Dad, having his sons working for him," and that was the end of the sporting goods dream. It was an exciting time, though. Whatcom County was expanding quickly, Rick said.

Also around this time, Leslie Corrigan, one of six children in a casually Methodist family, was living in Fairhaven after graduating from Western Washington State College.

Leslie had grown up in Pasco. A self-professed tomboy, she played sports with enthusiasm, particularly tennis, which she still plays five or six times a week.

Her first step outside her hometown was the Bellingham college, where she studied from 1968 to 1972. She was aiming for a physical education degree, but all the extra hours of coaching

involved put her off. She graduated, worked at a pizza house for a while, then found a job at a financing company doing bookkeeping, which she loved.

Shortly after graduation she met Rick. She was playing in a tennis tournament when Rick approached her looking for a partner. They won, an auspicious sign. In 1975, they became partners for life, married by Rabbi Fred Gartner in the synagogue his great grandmother Rose, grandfather Louis and father Mel belonged to — Congregation Beth Israel.

Upon meeting Rick, Leslie became curious about Judaism. "Hmm," she said. "I need to check this out," so she started going to synagogue.

What she saw made so much sense, she said, that she began to travel once a week to Mercer Island to learn what she needed to know to convert to Judaism.

By the time Mel died in 2008, Rick was up to his elbows in the windshield and domestic glass business. And the pattern is repeating itself. Rick's daughter Carrie, 39, is general manager, and daughter Lindsey, 37, makes herself an asset, Rick says,

Continued on Page 11

FROM THE RABBI

Continued from Page 1

a sanctuary, but how often does that happen? Perhaps it's because we're too distracted by our lives or the lives of others. Sometimes we're not in the right frame of mind to allow prayers to move us, to shake us to our core. Maybe our expectations are too high. We think we'll hear the voice of God and when we don't, we're let down.

In Rabbi Zalman Schachter-Shalomi's Davening, he describes what many of us feel. He writes, "Many who live their lives as Jews, even many who pray every day, live on a wrapped and refrigerated version of prayer. We go to synagogue dutifully enough. We rise when we should rise, sit when we should sit. We read and sing along with the cantor and answer 'Amen' in all the right places. We may even rattle through the prayers with ease. We sacrifice vitality for shelf-life, and the neshomeh, the Jewish soul, can taste the difference." In other words, we're just mailing it in.

So how do we overcome this trap? Is there a way to make the most out of *tefillah*, especially with the High Holy Days right around the corner? I think the answer is quite simple: Yes, but it takes practice and *kavanah*, or intention. (Of course I'm selfishly encouraging you to attend more services. I love seeing you!). Expecting our *neshomeh* to feel inspired, without putting some effort into our spiritual lives, is wishful thinking. It's like a muscle that needs to get worked.

To pray with *kavanah* is to pray with focus and meaning. It's about praying from the heart and not letting the mind get in the way. It's also about directing our prayers to the Source of it all and not just speaking the words into thin air. Many times when I'm praying, I close my eyes. Maybe that's one reason why the Shema can be so centering. We block everything else out around us and focus on the words, their sound and rhythm.

Praying with *kavanah* isn't easy, though. As long as we begin each blessing with some intention, we give ourselves the opportunity to go deeper than the words. A wonderful example of praying with *kavanah* is right there in our siddur at the beginning of the Amidah. We chant, *Adonai s'fatai tiftach ufi yagid t'hilatecha*

(Adonai, open my lips that my mouth may declare Your praise). The rabbis are helping us set kavanah before we recite the central prayer in the service. The challenge we have is to replicate this as much as we can.

My friends, I am delighted to join you in welcoming the New Year with our High Holy Day services. I love being surrounded by the whole Beth Israel community and hearing our voices sing together. I love calling up congregants to chant Torah or read a passage from Jonah. I love listening to Andrea chant some of the most holy blessings in our liturgy. And I love hearing the sound of the *sho-farot* reverberate through me.

I am confident that with a little practice and intention, coupled with the music of Andrea and our musicians, that each of us will find those rare moments when we connect deeply to our sacred words and traditions. May the High Holy Days this year be the most meaningful you have experienced. May you create new relationships with the words in the machzor. And most importantly, may you and your loved ones have a sweet New Year.

Rabbi Joshua Samuels

THE ADELSTEIN FAMILY

Continued from Page 10

cleaning cars, getting their serial numbers, documenting the time it takes to do each job. His son, Ari, 30, has his Final Touch Auto Spa, a separate business, but as Rick says, "they go hand in hand, one enhancing the other."

"I own the business, but now the kids run it," he said. "I'm beginning to take a back-seat role." Rick adds, repeating his father's sentiments, "It's a pleasure to work with my kids."

Rick's youngest brother, Gary, after having been trained in technology, is Rick's partner. He's been in the business for 30 years.

Leslie is the only one in the family who has never worked at the auto

glass shop. "I think that's why we stayed married," she laughed.

Rick made several decisions to promote the auto glass company so he could "bring it up to the next level." He solicited car dealers to scare up more business. He added residential glass in the 1970s, including a tubular skylight that lights up a room even on the darkest days. He expanded, opening a store in Lynden in 1988, then in Mount Vernon in 1991.

There's been progress over the years. For instance, windshields have gone from flat to more aerodynamic curved panes. It used to one week to install 15 curved glass windshields; now they can do more than 250 in a week. The business started

with one employee and now pays 45 salaries.

It is philanthropically active — sponsoring a list of 34 organizations, among them United Way and Boys and Girls Clubs. It has donated money to schools and has supported scholarship programs.

And unlike most businesses, the mint green facility on North State Street is a veritable art gallery thanks to Rick. Several of the images — portraits of grandfather, grandmother and father — are worth more than a thousand words to Rick.

"Now I get to see these guys every day," Rick said.

Linda Hirsh has lived in Bellingham since August 1998. She spent 10 years reporting for The Hartford Courant in Connecticut.

CHAPLAINCY

Continued from Page 1

reflections, time on call, and spiritual analysis.

"I cannot imagine doing this work without this training," Vermeda shared, "and I've had years of experience working with people in dire situations." Vermeda had been meeting with Rabbi Samuels to explore ways to weave her regular life to be more in sync with her Jewish spiritual life when he suggested she consider the CPE program. On top of her full load



as a practicing psychotherapist and as a mediator, Vermeda decided to apply. Upon acceptance, she began the program, which involves four stand-alone units,

each unit requiring 400 hours of classroom work, practicums and intensive assignments. Vermeda didn't know she would have the pleasure of completing her first unit with two congregants on their respective journeys.

Ever since she can remember, Elkah Katz has had a yearning to be a comforting companion and a guide to people during difficult times. When



her youngest daughter entered kindergarten, Elkah enrolled part-time in the Aleph Ordination Program, the seminary of the Jewish Renewal movement. Her

course of study will lead to ordination as a Rabbinic Pastor and certification as a hospital chaplain, with curriculum including coursework in all areas of Judaism as well as the four units of CPE offered through St. Joe's.

Immersed in her third unit in August, Elkah has been amazed by how the presence of a chaplain can make a positive difference. "I have seen the look of relief in a patient's eyes," said Elkah, "when they realize they are talking with someone who will be a listening presence...as they share their burden, whatever it may be." Sometimes the sharing and connecting happens nonverbally; for example, knowing that a patient with dementia loved music, Elkah suggested singing together as a way to experience what she described as a "deep, supportive kinship." On that note, the spiritual care department is home to several music ministers who are available to play harp to any patients who may find that soothing.

In the spring, as Geraldine Reitz was close to completing all four units of the CPE program, she became the first Jewish chaplain to be employed by St. Joe's Spiritual Care Department. Geraldine still recalls feeling inspired to consider chaplaincy when



CBI's former Rabbi Cindy Enger invited a Jewish chaplain from Vancouver, B.C., to speak to the congregation. When her three children were

younger, Geraldine was aware that CBI member Lou Fine devoted years reading to children in the Sunday School (now Kesher). When Lou Fine was nearing the end of his life, Geraldine felt called to show her appreciation by reading to him at Hospice. Thus began her commitment to volunteer at Whatcom Hospice every Thursday for the next four years. Eventually, upon the recommendation of Hospice staff, Geraldine decided to apply for the CPE program at St. Joe's. Having considered studying for the rabbinate as a 20-something, and then pursuing a master's degree in counseling, she has found her place in being present with patients in a spiritual care context. Geraldine's final unit of study for the CPE program, which she completed in August, focused on Intensive Care and Hospice, bringing things full circle as she graduated and embarks on her path as a hospital chaplain.

St. Joe's Spiritual Care Department

About the pastoral program

To learn more about the CPE program, call (360) 788-.6025 or go to the St. Joseph website, https://www.peacehealth.org/st-joseph/services and under Support Service, click on Pastoral and Spiritual Care.

There, you can access information to get support, inquire about the CPE program, or make a donation to keep this important program going.

If you or a loved one, or a Jewish visitor to Bellingham, needs the support of a chaplain, you may either contact the Rabbi directly, Sylvia Williams from CBI's Care Committee, or any chaplain at the hospital.

provides services 24 hours a day, seven days a week with a staff chaplain (and sometimes an assigned intern) on every unit. Called upon for trauma situations or by request of patients, families, or care providers, chaplains are available to be present with a patient and/or loved ones, never imposing religious preferences or personal philosophies on patients or families. For some, the word chaplain has firm religious connotations, insinuating a person who has gained formal religious training. The CBI congregants interviewed each refer to themselves in whatever way resonates — spiritual care intern, student chaplain, chaplain, spiritual care provider. The bottom line is that each woman (and all those engaged in the spiritual care department) feels called and dedicated to helping struggling people by showing up with compassion, presence and authenticity. The central idea of the CPE program is to meet patients with blessing, not with judgment; all spiritual care providers work across faiths with what Elkah describes as the "utmost honor and openness." Geraldine echoed this idea: "It's about being present with no

The Yenta speaks ...

Gus Evans, son of Andrea and Andrew Evans, graduated from Denison University with a degree in philosophy and was named a Fellow. He will be teaching in Idaho for the next 2 years with Teach for America.

Lisa and Chris Balton established the Liam Balton Fund to Support Great Teaching in honor and memory of their son Liam, who lost his life to an aggressive form of leukemia in August 2011, as he was about to enter the 7th grade. Liam would have graduated from high school this year, and the family

hopes members will honor his memory with a donation to the fund. For more information go to www.bellinghamschoolsfoundation.org/liam-baltonfund-to-support-great-teaching/

Welcome to our new members:

- * Ruth & Arthur Ingberman Bellingham
- * Harriet Markell Bellingham
- * Robert & Catherine Mizen; daughter Sophia (16) & son Brian (15) — Anacortes
- * Lee & Debbie Waitz Oak Harbor
- * Bonnie & Fred Zell Seattle/Bellingham

Sisterhood book group meetings

Sisterhood book group meets at 2 p.m. on Sundays. Upcoming:

Sept. 24: We will be discussing ON BEING A JEWISH FEMINIST by Suzanna Heschel. Place TBA.

Oct. 22: We will be discussing NINE FOLDS MAKE A PAPER SWAN by Ruth Gilligan. This is a novel about the Jews in Ireland. Place TBA

In November we will be discussing THE INVISIBLE WALL by Harry Bernstein. Date & place TBA.

At our December meeting we will discuss THE LOVING KINDNESS by Ann Roiphe. Date & place TBA

Community hike to Fragrance Lake

We will meet at 9 a.m. Sunday, Sept. 17, 2017, at the trailhead off Cleator Road (Discover Pass required), and descend from the Cleator Road trailhead to Fragrance Lake. We will enjoy the beautiful old growth of Larrabee State Park, of which Fragrance Lake is a part. The hike is an easy walk for all levels of hikers. Bring your snack for our rest time at the beautiful lake.

For information and to purchase a Discover Pass, go to: discoverpass.wa.gov/133/Where-to-Buy

Sponsored by Kesher Center for Jewish Learning

NFTY weekend in Bellingham

NFTY Northwest has chosen Congregation Beth Israel to host their upcoming Winter Social Justice Kallah, Feb. 2-4, 2018. Jewish teens from all over the region will gather in our new beautiful new building, celebrate Shabbat, sing, dance, and participate in social action activities.

This kallah is a home-hosted one, so if you think you'd like to host a teen or two, let me know by dropping me an email, and I will keep you informed.

- Rabbi Joshua Samuels

CHAPLAINCY

Continued from Page 12

agenda."

During his rabbinical studies, Rabbi Samuels recalls observing that Judaism was wonderful about the mourning process, but not so much about the dying process. That motivated him to center his fifth year thesis on ushering people through the end of life and creating rituals for that time.

While working in hospitals and hospices, Rabbi Samuels saw people of all faiths. "Believe it or not," he said, "faith, religion, etc., played very

The majority of what I did," said Rab- all need to give and to receive." bi Samuels, "was listen, keep them company, provide support to loved ones, and help patients process what is happening and serve as their spokesperson."

Given that, it makes sense that St. Joe's is evolving from its Catholic roots and making it a priority to diversify along the lines of culture and religion. "I look forward to hearing that one day they will have a Muslim or a Lummi chaplain as well!" stated Vermeda. "Humans have been caring for one another for thousands of years," she said, "I'm

little role in [his] care for the patients. just one more carrying on what we

Rabbi Samuels commented that he "can't think of a higher calling than being present for people who are in such a narrow place. Elkah, Geraldine, and Vermeda," he said, "are role models for us all."

A trained social worker and an expressive artist, Jay recently opened her own consulting business, Creative Insights, offering coaching, facilitation and editing services. Jay, her husband, Mike, and children, Max and Chloe, moved here in July 2016 from Vancouver, B.C.

Special Fund Donations

CAMP & YOUTH ACTIVITIES

IN HONOR OF:

The wedding of Miriam Zderic and Perry Davids

From: Vermeda Fred & Rodney Shainbom

RABBI'S DISCRETIONARY

IN APPRECIATION TO:

Rabbi Samuels, with deep. heartfelt gratitude and joy for officiating our wedding.

From: Vermeda Fred & Rodney Shainbom

IN HONOR OF:

The wedding of Vermeda Fred & Rodney Shainbom

From: Randall Baldwin & Nancy Springer-Baldwin (AustinTX)

Gayle Gordon-Martin & Steve Martin

Sheryl Hausman (Corte Madera, CA)

Doug & Janet Lambarth (Newport, WA)

Dan Siegel (Menlo Park, CA) - for his special birthday

From: Rhoda & Peter Samuels

DEEPEST SYMPATHY TO:

Harvey & Debbie Todd-Stone (Bellingham), in memory of their beloved son Jamus Todd -Stone

From: Cinda & Stuart Zemel

CONTRIBUTION FROM:

Bonnie & Fred Zell

KESHER TUITION

IN APPRECIATION TO:

Marcy Probst, Miriam & Perry Davids, Melissa & Larry Stahlberg, Marla & Danny Finkelstein, Gayle Gordon-Martin, Becki Van Glubt, Joan Wayne and Mary Somerville — thank you for your special involvement during our wedding weekend.

From: Vermeda Fred & Rodney Shainbom

DEEPEST SYMPATHY TO:

Mark & Teresa Sommers and family, and Camille, Matt & Ella Keefe, in memory of Chase Jimmy

From: Alison Zak & Paul

Blum

NEW SYNAGOGUE

IN APPRECIATION TO:

Joan Wayne, for chairing the Sisterhood Book Group

From: Sarann Donegan

Joan Wayne, Miriam Davids, and the Oneg Committee, with heartfelt thanks and deep gratitude for all your work for our oneg on July 8th.

From: Vermeda Fred & Rodney Shainbom

Beth Israel is pleased to acknowledge your donation to special Synagogue funds**, Hadassah, or in honor of a special person, by sending a card to your designee.

You may send donations, along with your message and the recipient's name and address to Shelley Wolfman.

For Hadassah certificates, call Debbie Adelstein.

For Trees-For-Israel certificates or JNF "Blue Boxes," con-

Contact information for the above individuals is available by calling (360) 733-8890.

Synagogue Special Funds:

Camp Scholarship/Youth Activities

Care Committee

Rabbi's Discretionary

Rabbi Gartner Scholarship

General

Max Glass Library

Musical Leadership

New Synagogue (Building)

Youth Group (PHAT)

Clergy Professional Development

Kesher (Religious School) Tuition

IN HONOR OF:

The marriage of Vermeda Fred & Rodney Shainbom

From: Wendy & Jeff

Holtzman

Joan & Marv Wayne

GET WELL WISHES TO:

Debbie Raas

From: Anne Brown

DEEPEST SYMPATHY TO:

Rita Spitzer, on the loss of her mother, Edith Corman

From: Joan & Marv Wayne Jay & Shelley Wolfman

Patsy Strumpf, on the loss of her husband, Michael

From: Lynn Korner

The Sommers family, in memory of Chase Jimmy

From: Gayle Gordon-Martin

& Steve Martin

Joan & Marv Wayne

IN MEMORY OF:

My beloved mother, Rose

Lassman

From: Bernice Loober

CONTRIBUTION FROM:

Marcia & Lou Lippman Ruth Neufeld (Friday

Harbor WA)

PRESIDENT'S COLUMN

Continued from Page 2

holiest day of worship on Sept. 30. We are working with Kesher leadership on a schedule for the start of the school year so that there are no interruptions to the planned curricula. We are coordinating with the Rabbi

and Mary to ensure that CBI meets its core commitments to our community in this time of transition. A task force is planning our celebration of the move — stay tuned for details.

Soon our wait will be over and our future on San Juan Boulevard secured. The New Synagogue Task Force and the Capital Campaign

Committee are working overtime to see that this happens as soon as possible. Both groups continue to need our support! Again, please contact me at steven.garfinkle@ gmail.com with any questions, concerns, or offers of help.

- Steven Garfinkle, president

Yahrzeits

Observances follow the Hebrew calendar, unless secular date is requested, and are read on the Shabbat prior to the observance date.

Friday, September 1		
Robert Siegfried	9/2	
Louis Thal	9/2	
Mary Warshal Glazer	9/3	
Shirley Simmons	9/3	
Helen Zemansky	9/3	
Rhea Frantz	9/4	
Yitzhak Turovitz	9/4	
Rose Lassman	9/6	
Joe Lebovich	9/7	
Marian Loober	9/8	
Sara Shaw	9/8	
Lilian Suslow	9/8	

Friday, September 8 and Saturday, September 9

- · · · · · · · · · · · · · · · · · · ·	
Harold Lazaroff	9/9
Janet Koplowitz	9/10
Art Jensen	9/11
Dora Lebowitz	9/11
Rebecca Miller	9/11
Henry Gordon	9/12
Brooklyn Keefe	9/12
Nora Keefe	9/12
Miriam "Mimi" Segre	9/12
Max Sosnick	9/12
Sadie Adelstein-Meyerson	9/13
Ron Feiger	9/13
Morton Stahlberg	9/13
Louise Greenberg	9/14
Daniel Ramras	9/15
Ted Zak	9/15

Friday, September 15 and Saturday, September 16

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Blossom Becker	9/16
Blythe Cole Busch	9/17
Rita J. Witte	9/17
Sophie Sorkin	9/18
Dale S. Hunter	9/19
John Smith	9/19
Roslyn Wolpow	9/19
Viola Faber	9/20
Helen Hildes	9/20
Harry Berman	9/21
Sarah Hecht	9/21
Crystal Myers	9/22

Friday, September 22

(No Shabbat service Sept. 15/16)	ce; will be read on
Fannie Thal	9/23
Richard Meltzer	9/25
Reva David	9/26
Jere Donegan	9/26
Jack Blecker	9/27
Jonas Relin	9/27
Sara Sylvia Seid	9/27
Mary Faber	9/29
Geraldine Witte	9/29

Friday, September 29 and Saturday, September 30

Regina Moskowitz	9/30
Carl Paschetag	9/30

In Memoriam

Zichronam l'vrachah ~ May their memories be for a blessing

Our congregation offers heartfelt condolences to the following individuals and their families:

Rita Spitzer on the loss of her mother, **Edith Corman,** who passed away on June 20, 2017, at her home in Lexington, Kentucky. Mrs. Corman was 89 years old.

Mark and Teresa Sommers, and Camille and Matt Keefe, on the loss of Chase Jimmy, who passed away suddenly on June 29, 2017, at the age of 7 months. Chase was the foster son of the Sommers family, and was to be adopted by the Keefe family.

Patsy Strumpf on the loss of her husband, CBI congregant **Michael Strumpf**, who passed away at Hospice House in Bellingham on July 13, 2017, following a long illness.

Edith Sonneman	10/1
Nora Eilenberg	10/2
Harriet Korn	10/3

Friday, October 6

Edith Lindheimer	10/10
Bernard "Barry" Shapiro	10/10
Trude Weil Bauman	10/12
Joseph Jay	10/12
Patricia Jantzen	10/13
Carol Van Glubt	10/13

Friday, October 13 and Saturday, October 14

Jay Harvey	10/15
Kurt Jerome Koplowitz	10/15
Johanna Vohl	10/15
Joshua Louis Adelstein	10/19
David Robinson, Jr.	10/19
Maxwell Weiss	10/19

Friday, October 20 and Saturday, October 21

Shirley Adelstein	10/22
Reuben Dechter	10/22
Jacob M. Fine	10/23
Donald Kite	10/23
Miriam Mitzman	10/24
Peter Harvey	10/25
Herman Horowitz	10/25

Friday, October 27

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THE SHUL SHOFAR

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JOIN US FOR SINGING IN THE SUKKAH

Musical *Ushpizin* in the Sukkah!

5:30 p.m. Thursday, Oct. 5, 2017 Location to be announced

It is a great mitzvah to invite ushpizin (guests) to one's Sukkah, so this year Kesher is inviting special guests!

Panim Hadashot (at right), a musical ensemble based in Seattle, will be our ushpizin this year and will bring a variety of music: from Bob Dylan to Hallel songs and help us raise the schach (sukkah roof) with musical spirit!

Panim Hadashot loves to connect with their audience.
They will take requests and encourage community
musicians to bring their instruments
(especially drummers).

Event will include a sing-along and spaghetti dinner — bring your own plates, cups and utensils

Email kesher@bethisraelbellingham.org

