

BETH ISRAEL THE SHUL SHOFAR

VOL. 27, NO. 5 * Congregation Beth Israel * Bellingham, WA 98229 * bethisraelbellingham.org * (360) 733-8890

Shavuot: The Forgotten Holiday

BY RABBI JOSHUA SAMUELS

Historically, Shavuot is one of the three most important Jewish festivals, along with Passover and Sukkot. Shavuot celebrates the giving of the To-

that people would bring the first fruits of the land to the Temple in Jerusalem. Today, one custom is to decorate one's home or the synagogue with

> fragrant flowers and plants. Another custom unique to Shavuot is the eating of dairy foods. While the origin of this custom is uncertain and varied, the one explanation I like teaches that we eat dairy foods with honev because the Torah is likened to

milk and honey from the verse, "Honey and milk are under your tongue" (Song of Songs 4:11). In years past, Beth Israel hosted cheesecake competitions in honor of this custom. For anyone interested in bringing this tasty custom into your own home, you might want to try out Joan Nathan's recipe for Israeli Cheesecake, on page 13.



rah, God's gift to the Jewish people, which is the guide for how we are to live in this world. Commemorating the revelation at Sinai is central to so many Shavuot rituals today, including the all-night study session called a *Tikkun Leil Shavuot*. But this holiday also has agricultural ties to it, much like many other Jewish observances. In Biblical times, Shavuot marked the new agricultural season, which meant

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FROM THE RABBI

My Heart Is in the East...



As I write this column, I am experiencing a whole array of feelings about Israel. I am thrilled that CBI had its first organized trip to Israel in

many years, thanks in large part to Victoria Mayers and Katie Edelstein. I have enjoyed following our friends' experiences on social media, and I look forward to welcoming them all back home. I am also excited about going back to Israel next summer as a chaperone to accompany our MASSA students. I hope they will all fall in love with Israel as I did when I first traveled there with my confirmation class as a 16 year old.

As I observe the many nation-wide demonstrations in protest of the coalition government's judicial reform plans, I am filled with both anger and astonishment. As I mentioned in a recent Friday evening sermon, these proposals threaten Israel's democracy. One such proposal could ultimately make the supreme court subservient to the legislative branch. And it is easy to imagine anti-democratic laws taking shape, such as barring women

From the President...

Good-bye



It is hard to believe my time as President is coming to an end. It has been such an honor to serve our community and I appreciate having had the opportuni-

ty. I recall when I was young, my dad explaining to me that I am Levite and that, historically, they were the ones who cared for the Temple. I remember thinking, "I'm never doing that!" As a teen I was not enamored with Judaism. I couldn't imagine myself doing anything more with a synagogue than showing up at high holidays.

Now, helping out at the synagogue is one of my joys. We have a beautiful building set in a beautiful location. Sometimes during a service, I find myself staring out the side windows at the trees and feeling the peace of the woods out back. Being President has brought me closer to our synagogue and all the people who help it operate. It has been a joy getting to know so many new people and creating a deeper friendship with those I already knew.

Congregation Beth Israel is on a great course. We have been growing in membership, we have a balanced budget, and we own a building without debt. This month we get the final sign-off from the county on our landscaping, marking the end of our construction permit obligations! I won't pretend I had a significant role in making all that happen, but I hope I am leaving the presidency with things in better shape than when I started. I will cover our achievements of the past two years at the Annual Meeting.

When it came time for me to think about writing a good-bye, I was reminded of a Mel Brooks joke: "A Frenchman leaves without saying good-bye, a Jew says good-bye and never leaves." This rang true when I started to look through old Shul Shofar articles that previous presidents wrote at the end of their terms. I saw a pattern. They haven't left! In fact, many are still very active and doing amazing volunteer work today. On summer days Miriam Schwartz is out in our gardens taking care of our landscape. Steven Garfinkle continues to manage our grants with Homeland Security. Just last month Dan Ohms did a training on CPR and "Stop the Bleed." David Goldman has been a strong proponent in getting our hybrid Zoom broadcast system up and running and has many hours of operating the cameras for our remote participants. And the list of volunteering goes on from committee members to second rounds of Board service. I suspect this will end up not being the end of my service as well.

I hope that it may inspire some of you who have not yet been involved to get cracking. Join the amazing team of volunteers who help out at our synagogue. Bring your skills and find what you would enjoy doing with your free time to help us out. I think you will find it fulfilling just as I have.

I want to thank all our volunteers, Board members, executive team, and staff for helping make my presidency so rewarding. I particularly want to thank Rabbi Samuels. One of the highlights of my presidency has been our Friday chats to touch base.

I'll see you around the synagogue
— after all, it's not as if I'm leaving!

JOSHUA GREENBERG PRESIDENT

CONGREGATION BETH ISRAEL

751 San Juan Boulevard Bellingham, WA 98229

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From the Kesher Center for Jewish Learning

Kesher Updates

BY VICTORIA MAYERS



Final Kesher Volunteer Guest Speaker of the series

Dr. Daniel Picus: May 21, 2:00-4:00 pm. "The Ancient Origins of Synagogues." Daniel Picus is an assistant professor at WWU and is a specialist in late antique Judaism and Christianity. He is interested in how ancient Jews

and Christians read earlier texts, like the Hebrew Bible and New Testament. His current project, a continuation of his dissertation, examines rabbinic Jewish reading practices.

Kesher Program

On May 5, during the family service, the Kesher team will celebrate the retirement of Robin Curtis. She has over 40 years of teaching experience in Jewish Education, and we will send her off into retirement with a celebration and a Lifetime Achievement Award. Please plan to join us as we honor our golden treasure.



MASSA

On March 19, MASSA and eighth graders visited the Seattle Holocaust Center with their cohort peers from Everett's Temple Beth Or synagogue. The group consisted of over 40 energized youth and supportive adult chaperones. Students listened to



fascinating speeches, saw a movie, and even noticed a photo of our Noemi Ban on display. After the presentation the group went out for Middle Eastern food, an exciting new experience for many.

If you missed our Mitzvah Day drop off, MASSA students are still working on earning money for their trip. Our next fundraiser is to sell all donated household wares, books, used clothing, toys, or anything that can be boxed up. Donations will be delivered to Value Village where they will weigh the items and pay our program by the weight. Unfortunately, we cannot accept any furniture or large bulky items. We are currently storing the donations at CBI. The best time to drop off your donations is during Kesher operating hours – generally Sundays from 10:00 am to 12:30 pm, but check the calendar to be sure. However, if those times do not work for you please contact Victoria Mayers at Victoria.mayers@bethisraelbellingham.org to schedule a drop-off time.

Synagogue 411

Archives:

Tim Baker, (360) 305-6945

Care:

Harriet Markell, (916) 207-9381 Else Sokol, (360) 393-9618

Membership:

Ann Suloway, (360) 296-8220 Sue Mahar (360) 319-5314

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Social Action:

Linda Blackwell, (360) 647-9519





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Bat Mitzvah



Chiara Jane Horton will be called to the Torah as a Bat Mitzvah on May 6, 2023. She is the daughter of Leah Kiviat and Ian Horton, and the sister of Esther Horton. Chiara is a seventh grader at Kulshan Middle School. She can often be found racing either with her swim team or her downhill mountain bike team. When

she's not racing through the water or the forest, her nose is usually buried in a book. For her mitzvah project, Chiara volunteers with the "Flying Squirrels" as a mountain bike instructor for elementary school girls who are learning to ride mountain bikes.

Chiara's family invites you to join them in celebration of this simcha:

SHABBAT EVENING SERVICE Friday, May 5, 2023 at 6:15 pm

SHABBAT MORNING SERVICE Saturday, May 6, 2023 at 10:00 am Kiddush lunch afterward in the Social Hall

If you are planning to attend the Saturday service and Kiddush lunch, please RSVP to kiviatleah@gmail.com

Bat Mitzvah



Chavah Gentry will be called to the Torah as a Bat Mitzvah on May 27, 2023. Chavah's family includes parents Alexis and Brian Gentry, sister Bella and brother Paxton. Chavah is a fierce and passionate athlete, playing volleyball, softball, basketball, and soccer. As a seventh grader at Anacortes Middle School, Chavah

engages with the world as an advocate for others, kind friend, dog lover, and creative soul. Mitzvah projects in-

clude making advocacy buttons for human rights events, and gifting homemade challah to neighbors and friends.

Please join the Gentry family in celebration of this simcha:

SHABBAT EVENING SERVICE Friday, May 26, 2023 at 7:30 pm

SHABBAT MORNING SERVICE Saturday, May 27, 2023 at 10:00 am

Bat Mitzvah



Lea Mira Donner will be called to the Torah as a Bat Mitzvah on June 24, 2023. She is the daughter of Angie Lee and Kevin Donner, and the sister of Samuel and Mara. Lea is in seventh grade at Whatcom Middle School. Her interests include martial arts, where she holds a black belt, playing the violin, and drawing. She is also

very active in her Scout troop, where she is currently the Senior Patrol Leader. Lea's Mitzvah project is making

hundreds of pins for Planned Parenthood to promote safe healthcare and reproductive rights for women.

Lea's family invites you to join them in celebration of this simcha:

SHABBAT EVENING SERVICE Friday, June 23, 2023 at 7:30 pm

SHABBAT MORNING SERVICE Saturday, June 24, 2023 at 10:00 am

Bar Mitzvah



Jonah Ariel Attar will be called to the Torah as a Bar Mitzvah on July 1, 2023. He is the son of Meredith and Yaniv Attar and the best big brother of Lyla Attar. Jonah is a kind-hearted, cello-playing, aviation-obsessed thirteen-year-old. In his free time, Jonah enjoys flying on his home flight simulator, performing with his chamber group,

hiking with his Explorers Club, participating in the Tech Students Association at school, and hanging out with his friends and his dog, Gracie. He also loves to travel in the summers with his family, especially to see his relatives in Israel, and has been to 13 countries and counting. The Attar Family looks forward to celebrating with the CBI community:

SHABBAT EVENING SERVICE Friday, June 30, 2023 at 6:15 pm

SHABBAT MORNING SERVICE Saturday, July 1, 2023 at 10:00 am Kiddush lunch afterward in the Social Hall

If you are planning to attend the Saturday service and Kiddush lunch, please RSVP to attarbmitzvah@gmail.com

From the Social Action Committee

Social Action Committee Takes Action for Our Community

BY LINDA BLACKWELL

Mitzvah Day took place at the end of April with Kesher students leading the way. Younger students, K-2, planted small flower starts and made cards for the Care Committee. Gardeners of all ages helped plant vegetables and flowers in the galvanized bins outside the Kesher doors. As in previous years, care kits were made for NorthWest Youth Services. Numerous members helped weed and beautify the CBI lawns. Finally, the eighth graders participated in the clean-up at the Beth Israel Cemetery.

In May and June, we will collect milk money for the Bellingham Food Bank. *Shavuot* is the time we celebrate the giving of the Torah and eat blintzes and cheesecake, which we associate with Israel, the land of milk and honey. We hope to collect money to provide a half-gallon of milk to each family visiting the Food Bank during June. Please make checks payable to Bellingham Food Bank or make donations directly to their website noting this is from the Beth Israel community - https://tinyurl.com/3k9r65hx

This year's goal: \$500. Also, any donations of baby food and diapers would be appreciated during May and June. Donation bins are located in the social hall of the synagogue.

A Whatcom-wide event is planned at the synagogue for July 29 at 5:00 pm. The event, OneWhatcom, is being coordinated with the Sikh communities, BetterTogether Lynden, and Connect Ferndale. These anti-racist groups will be honoring Noémi Ban (*Sharing is Healing: A Holocaust Survivor's Story*) and also offer support as our Jewish community faces the rise of anti-semitism. Sponsorship is coming from the Chuckanut Foundation. There will be a few speakers, including the Rabbi. However, a large portion of the evening is meant to connect and meet with other activists in our county. We want to network over a meal and develop friendships between our organizations. There is a desire to fight hate crimes and come together as a community. More information will be in the *Timbrel* as the event draws closer.

We are still collecting household items for refugees. Please place your donations in the baskets at the back of the social hall.

If you want to be more active in social action, especially in helping refugees settle in Whatcom County, please contact Linda Blackwell. Linda.Blackwell@bethisraelbellingham.org

FROM THE RABBI

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from publicly reading from the Torah or wearing a *tallit*. The Knesset could make it illegal for a Jewish person to drive on Shabbat or to marry someone not Jewish. One can imagine how challenging it could get for LGBTQ folks to live their authentic lives. I can't even imagine how much harder it might get to live in Israel as an Arab-Israeli.

I am also heartbroken over the recent murders of sisters Maia and Rina Dee and their mother Lucy as they were on their way to a family outing during Passover, not far from Jerusalem. Their car was rammed off the road and then shot into by a Palestinian terrorist. At the funeral service for the daughters, their surviving father, Rabbi Leo Dee said, "When a simple family in Efrat is devastated, the whole country hurts."

The Kvelling Corner

Welcome to our new members!

- Mike and Jamie Altman and son Leo (age 3) Bellingham
- Leslie Hamilton Everson
- Raelyn Kaplan Bellingham



Samantha Sinai and Alex Jeffers are delighted to announce the birth of their daughter, **Magnolia Frances Jeffers**, on March 30, 2023.
"We are completely in love with our strong, sweet girl and are thrilled to bring her into this loving community!"

Calling All Grads! Do you have a family member who has graduated or will be graduating in the coming months from high school, college, or grad school? We'd love to *kvell* about them in the July/ August issue of the *Shul Shofar*! Please email a photo plus a few sentences about the school they attended, the degree received, and their future plans to office@bethisraelbellingham.org by June 11!

This event reminded me of a Yehuda Amichai poem that my professor, Dr. Bill Cutter, introduced me to in rabbinical school:

The Diameter of the Bomb

The diameter of the bomb was thirty centimeters and the diameter of its effective range about seven meters.

with four dead and eleven wounded.
And around these, in a larger circle
of pain and time, two hospitals are scattered
and one graveyard. But the young woman
who was buried in the city she came from,
at a distance of more than a hundred kilometers,
enlarges the circle considerably,
and the solitary man mourning her death
at the distant shores of a country far across the sea
includes the entire world in the circle.
And I won't even mention the crying of orphans
that reaches up to the throne of God and
beyond, making a circle with no end and no God.

In this poem, Amichai poignantly expresses Leo Dee's sentiments by amplifying the emotional consequences of such a tragedy. The circles of pain extend far beyond the event itself.

To be a Jew and a lover of Israel living in the Diaspora is to experience a rollercoaster of emotions and feelings about the Jewish state at all times. Too often we transition from joy to sadness to anger to pride and back again in a short time span. It can be exhausting.

As Israel turns 75 years old this year, I wish that this will finally be the year when we have little to be sad about and so much to be joyful for. I wish for a year of peace, both with Israel's neighboring countries and from within Israel's borders. I wish for an end to bloodshed. I wish for Israel's democratic ideals to shine brightly upon the leaders of the country. And lastly, I wish that each of us renew or even begin a commitment and relationship to the Jewish homeland.

RABBI JOSHUA SAMUELS



Newly Established Kindred Spirits Traveling Havurah

Have you ever wanted to visit exotic places like Barcelona, or explore the Sephardic neighborhoods of Toledo, Seville, and Granada? Would you like to visit Gibraltar? Or how about experiencing Moroccan Jewish historical national treasures? Well, CBI's new Kindred Spirits Traveling *Havurah* has just finalized the details for our first tour. We're going to, surprise, Spain and Morocco! The tour dates are December 16–December 31, 2023 and they were chosen specifically so that students and teachers will not miss any school days. This adventure is fami-

ly friendly and open to all ages; however, each day will include walking city tours. Therefore, being in physical condition to walk for a few hours daily is important. Details about this excursion were presented on zoom by Katie and Victoria on April 20. If you missed the meeting, don't worry, you can simply contact Katie Edelstein at kedelstein49@comcast.com and she will send you the meeting's recording. Are you ready for an adventure of a lifetime? If so, contact Katie Edelstein or Victoria Mayers for more details. Victoria.mayers@bethisraelbellingham.org







1. Photo of Parc De La Ciutadella. 2. A picture of the open market in Morocco. 3. A bowl of traditional Moroccan vegetable stew.

Spring 2023 tour to Israel was the first organized interfaith tour for this *havurah*. Congregants were encouraged to invite friends or family members to travel and explore together.









4. Our *havurah* lands at Israel's international airport. Ready for lots of adventures. 5. Kindred Spirits pause for a photo opt in front of a model of the Jerusalem during the Second Period. 6. In old city Jerusalem in front of the Holy Sepulchre Church. 7. Group leaders Victoria Mayers and Katie Edelstein lead the group through King George Street neighborhood in modern Jerusalem.

Faces in Our Community: Leah Kiviat and Ian Horton

BY LINDA HIRSH

Many travelers like to touch down in countries just to have a long list of places they have visited. Not Leah Kiviat, her husband Ian Horton, nor their daughters Chiara, 13, and Esther, 10.

This family values knowing a place rather than just having it on a list. Their recent intense year in New Zealand is an example. "I wanted to experience practicing medicine in a different country," said Leah, an interventional radiologist. "It was an amazing year."

Turns out, New Zealand interventional radiology, a medical subspecialty of radiology using images to diagnose and treat diseases, challenged Leah with differences in radiology vocabulary, names of both surgical tools and medications, and how technicians and nurses interacted with physicians.

lan, who calls the trip "a hugely formative experience for our family," elaborates: "We started planning in 2019 and New Zealand gradually emerged as a destination. We landed in Nelson and found ourselves in an idyllic situation — living walking distance from schools and work, and a really friendly community. We explored the South and North Islands — biking, surfing, skiing. The greatest part of the trip, though, were the friends we made. It was a bittersweet departure in February 2022."



Note the references to biking, skiing, and surfing. This is one active family. At age eight, Leah swam on the Mercer Island Jewish Community Center's team with CBI member Serge Lindner.

"Leah Kiviat is my oldest friend in the world," said Serge. "We swam in the fast lane on the Mercer Island JCC swim team in 1980 and have been friends ever since. Leah and lan have created the perfect balance between professional achievement and family adventures, while contributing to their community with projects like park stewardship."

lan led a trail building group at Little Mountain Park in Mount Vernon from 2018 to 2022. The couple did racing and bike packing — off-road trips venturing farther into the wilderness. Rather than racing, they now

enjoy riding with their daughters. They only occasionally surf and rock climb, having kids who "hate surfing and only tolerate climbing," Leah said.

As many adventures as this family shares, Leah and Ian, who both grew up in Seattle, came from different backgrounds. Leah attended Seattle Hebrew Academy and Jewish Day School, then Bush School for middle and high school. She took a year off to live as an exchange student in Chamonix, France, to go to high school and to ski race. She attended University of Washington, graduating in 1995, and medical school, graduating in 2003.

She calls her religious upbringing "relaxed conservative." Her family at-

























1. Serge Lindner, Purim contest winner with the judges. 2. Kellan Moss and Leah Bordman. 3. Shoshana Samuels and Elizabeth Witte. 4. Rabbi Samuels and Augie Moyer. 5. Lyla and Meredith Attar. 6. Emma Konikoff. 7. Alisa Sachs and Nicole Samuels. 8. Darcie Donegan and Phil Buri. 9. Young adult Shabbat dinner. 10. Second night Seder. 11. Klezmer musicians Michael Alpert and Craig Judelman. 12. Rabbi Samuels with CBI teens in Washington, D.C.

LEAH KIVIAT AND IAN HORTON

Continued from Page 8

tended Mercer Island's Herzl Ner Tamid.

Before Leah met lan, her aunt taught him French in eighth grade and her first cousin played in Little League with his brother, but they didn't meet until her early thirties when a mutual friend introduced them. Leah, whose first husband died of cancer, "was not looking for a romantic liaison," but for a surfing buddy. After surfing, skiing, and biking a bit, they started dating a bit, and got married a bit after that.

lan's parents moved from the Bay Area to Seattle. His parents would attend Christmas Eve services, and he said he identifies as an agnostic. He attended the Lakeside School, graduating in 1993. Before he graduated, he traveled to the Soviet Union in 1989 as an exchange student. "It was an eye-opening experience for an American kid — a time of scarcity over there but our hosts were still incredibly generous and curious about our lives," he said.

Ian got a B.A. in Comparative History of Ideas, and then a B.S. in Atmospheric Sciences at the University of Washington in 1999. He studied Czech history and literature in a study abroad program in Prague, which "stoked my interest in architecture," he said. He also visited the new Guggenheim Museum in Bilbao, Spain, after completing his studies.

Then he worked as a research assistant in an Atmospheric Science group, but decided not to pursue a higher degree in science. Rather, he looked for a more hands-on career in architecture. He graduated from the University of Virginia architecture school with a master's degree in landscape architecture, thus "marrying my interest in natural science with my creative side." He now works for Pacific Landscape Architecture, a local firm.

Leah and Ian have belonged to Beth Israel since 2002.

"We may come from different traditions, but we share a love of community and inclusivity," Ian said. "We were both lucky to connect with people from different cultures throughout our lives and we hope to impart that to our kids."

In addition to their intensive travel and sports experiences, Leah said, "Lately we have begun designing and building furniture together; it's an interesting exercise in patience in your marriage for sure. But we are also enjoying problem-solving together."

They have moved nine times in 16 years— Seattle, Poulsbo, Burlington, Mount Vernon, and landing in Bellingham in 2022. Leah's job at Skagit Radiology is in Mount Vernon, but she said Bellingham is worth the commute. Their new Bellingham house has a basement apartment for unlimited stays. "Rumor has it that once we let our Kiwi friends know we have lodging for them, they might never leave," Leah said. And that's okay because both "love to cook, especially for large groups of people—the hungrier, the better."

Onegs Are Back



It's wonderful to see in person attendance increasing and congregants enjoying *Onegs* together again.

We'll be creating the *Oneg* host-list for July 2023-June 2024 soon. The list will be emailed to all hosts when it is created so calendars can be marked. It will also be available on the website and via the *Timbrel*. If you have a preference about which date or host partner you are assigned, please let us know.

There are four Friday services each month. The first Friday is a family service hosted by the classes of Kesher and their families. The service begins at 6:15 pm and is followed by a potluck dinner. The hosts are responsible for bringing challah, setting up and cleaning up.

All other Friday night services will be hosted as assigned, and hosts will have the same duties (bringing challah, various other *noshes* and sweets, and setting up and cleaning up). Services on the second and third Fridays of the month begin at 6:15; those on the fourth Friday begin at 7:30.

Saturday morning services happen twice a month: one Reform and the other lay-led Conservative. Both are followed by a potluck Shabbat lunch. Hosts provide challah, potluck items and do set up and clean up.

Reminders and instructions will be emailed to hosts the week before their host date.

We look forward to gathering with you.

Joan Wayne (jawayne2@gmail.com) and Sarah Witte (sarah.witte@bethisraelbellingham.org)

Birthdays

MAY	2023	5/20	Emily Weiner	6/6	Stephanie Druckman
5/1	Emily Falk	5/21	Meredith Attar	6/8	Chris Balton
5/2	Sophie Fay (11th)	5/21	Cindy Friedman	6/8	Cherryne Kravitz
5/2	Richard Trank	5/21	Ann Suloway	6/8	Janet Seltzer
5/3	Lenny Halpern (16th)	5/22	Danny Finkelstein	6/9	Harrison Covell (13th)
5/4	Avigail Ravitsky (9th)	5/22	Aviva Grossman (12th)	6/9	Jeffrey Grossman
5/4 5/4	Bobbie Jaffe	5/23	Isaac Blum	6/10	Oren Benhaim (1st)
		5/23	Alexis Gentry	6/10	James Prickett
5/4	Sydney Wolfson (17th)	5/23	Serge Lindner	6/11 6/11	Diane Garmo Neah Ingram-Monteiro
5/5	Rick Adelstein	5/23	Ezra Carter Price (18th)	6/11	Marcy Probst
5/5	Michael Braunstein	5/23	Holly Witte	6/11	Aiden Shupack (11th)
5/5	Oleg Ravitsky	5/24	Harriet Fine	6/11	Adin Sokol (21st)
5/5	Russell Sheinkopf	5/24	Jeffrey Holtzman	6/12	Ansel Hecht (7th)
5/6	Gary Adelstein	5/24	Stephen Martin	6/12	Ron Walt
5/8	Bonnie Cavell	5/24	Becki Van Glubt	6/12	Henry Zemel
5/8	Greg Schwartz	5/25	Alan Barney	6/13	Leslie Shankman
5/8	Corey Welch	5/25	Rena Blauner	6/14	Willa Wren Levinson (9th)
5/10	Andy Kaplowitz	5/26	Cassandra Wolfson	6/15	Diane Leigh
5/10	Nathan Kronenberg (6th)	5/27	Fay Farkas	6/16	Lee Shapiro
5/10	Penny Schuman	5/28	Laura Hudgins	6/17	Valerie Randolph
5/10	Beth Tableman	5/29	Aline Wanne	6/17	Todd Shuster
5/12	Warren Cornwall	5/30	Teddy Ingberman (20th)	6/19 6/20	Rena Ziegler
5/12	Leah Grossman	5/31	Todd Witte	6/21	Phyllis Mazur Sheila Sondik
5/13	Tim Baker	0,01	roud Willo	6/22	Milo Levinson (14th)
5/13	David Cohn	HINE	E 2023	6/24	Jill Elkayam
5/13	Adam Greenberg (22nd)			6/25	Mike Brennan
5/16	Lyla Simmie Attar (6th)	6/1	Lyra Olivia Curme (1st)	6/25	Abigail Falk (4th)
5/16	Max Johnson (22nd)	6/1	Steve Spitzer	6/25	Julia Schwartz (21st)
5/16	Natalie Ravitsky (15th)	6/1	Caden Stoane (21st)	6/26	Tracy Diller
5/17	Lindsey Genut	6/3 6/3	Hans-Rudolf Guenter-Schlesinger Linda B. Hirsh	6/26	Claira Garretson (11th)
5/17	Suzanne Fischél Kite	6/4	Emily Bastow	6/26	Jane Hammerstrom
5/18	Kendra Bradford	6/4	Judith Osman	6/26	Jeremiah Witte (16th)
5/18	Adelle John	6/4	Belle Shalom	6/26	Nathaniel Witte (16th)
5/19	Howard Fuller	6/5	Samuel Comstock (13th)	6/27	Sid Wanne
5/19	Kathy Grossman	6/5	Lore Filgueira	6/29	Nicole Samuels
5/20	Helen Franklin	6/5	Brian Gentry		
5/20	John Siegfried	6/5	Paxton Gentry (9th)		





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RABBI'S DISCRETIONARY FUND

IN HONOR OF:

The 2023 Adult B'nei Mitzvah

Harriet Markell, Emily Weiner, Johnny Cook, and Henry Curme

From: Patrick Crane David Goldman & Linda Blackwell

Our Adult B'nei Mitzvah class: Harriet Markell, Emily Weiner,

and Henry Curme From: Johnny Cook

Harriet Markell, on becoming a Bat Mitzvah

Emily Weiner, on becoming a Bat Mitzvah

From: Fran Levy (Carmichael, CA)

Chiara Horton, on becoming

a Bat Mitzvah From: Patrick Crane

IN APPRECIATION:

To Rabbi Samuels

From: Rob & Kathy Grossman

To Rabbi Samuels – thank you for the beautiful unveiling ceremony on March 12 From: Brenda Miller

To Rabbi Samuels, for the Adult B'nei Mitzvah experience

From: Emily Weiner

To Rabbi Samuels, for all you've done to support me in becoming Bat Mitzvah **From:** Harriet Markell

To Rabbi Samuels

From: Sue, Hans-Rudolf and
Sascha Guenter

Sascha Guenter Schlesinger

To Dan Ohms, for teaching the Emergency Recognition and Intervention class From: Rita Spitzer

DEEPEST SYMPATHY TO:

Patsy Palmer – in memory of Arnold Palmer (Los Angeles) Belle Bear – in memory of Lewis Bear, Jr (Gulf Breeze, FL) Sue Rosenberg – in memory of Edwin Rosenberg (Walnut Creek, CA)

From: Peter & Rhoda Samuels

IN LOVING MEMORY OF:

My beloved husband, Harold Katz

From: Susan Katz

COMMEMORATING THE YAHRZEIT OF:

Shelley's beloved father, Jack

Mazur

From: Phyllis Mazur

CARE COMMITTEE

SPECIAL GREETINGS:

Happy Passover to all! **From:** *Phyllis Mazur*

CAMP/YOUTH ACTIVITIES FUND

IN HONOR OF:

The 2023 Adult B'nei Mitzvah class:

Harriet Markell, Emily Weiner, Johnny Cook, and Henry Curme

From: Karen Sloss

GENERAL FUND

IN HONOR OF:

The 2023 Adult B'nei Mitzvah

class:

Harriet Markell, Emily Weiner, Johnny Cook, and Henry Curme

From: David Schlitt & Sarah Zarrow

Henry Curme, on becoming a Bar Mitzvah

From: Cynthia Curme (Chestnut Hill, MA)

IN APPRECIATION:

To the *Mishloach Manot* committee – thank you for the Purim goodies

From: Fredda Robinson

To Harriet Markell and Emily Weiner, for their meaningful D'var Torah remarks on March 10

From: Ann Buzaitis & Dena Petersen

CONTRIBUTION FROM:

Fred & Myrna Loceff (Bellingham)

NEW SYNAGOGUE FUND

IN APPRECIATION:

To Roby Blecker

From: Rob & Kathy Grossman

To Miriam Schwartz – thank you for all that you do! From: Lindsey & Jordan Genut

IN HONOR OF:

The 2023 Adult B'nei Mitzvah

Harriet Markell, Emily Weiner, Johnny Cook, and Henry Curme

From: Steve & Janis Ban

Harriet Markell, on becoming a Bat Mitzvah

Rick & Leslie Adelstein ~ celebrating the birth of their new granddaughter, Selah Ivy

From: Sylvia Williams

IN LOVING MEMORY OF:

The Fragner family From: Sylvia Williams

CONTRIBUTION FROM:

Idalina Trank

SOCIAL ACTION COMMITTEE

IN LOVING MEMORY OF:

Sholem & Edith Pavlautsky, who perished 6 Nisan 5680 in the Tetiev, Ukraine pogrom From: Shlomis Waters

ISRAEL TRIP SCHOLARSHIP FUND

IN HONOR OF:

David Goldman & Linda Blackwell on becoming new grandparents!

From: Nancy & Don Davis

CONTRIBUTION FROM:

Steve & Rita Spitzer

RABBI GARTNER SCHOLARSHIP FUND

IN HONOR OF:

* David Goldman & Linda Blackwell, on the birth of their granddaughter, Nora Buckham

* Aline & Sid Wanne, for their 60th wedding anniversary From: Carol & David

Robinson

RELIGIOUS SCHOOL TUITION FUND

SPECIAL GREETINGS:

Good wishes for Purim **From**: *Phyllis Mazur*

CONTRIBUTION FROM:

Idalina Trank



NORA MAZONSON

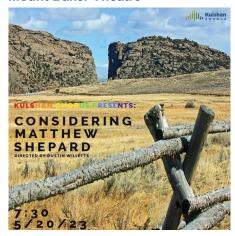
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Kulshan Chorus Presents: Considering Matthew Shepard

May 20, 2023 7:30 pm Mount Baker Theatre



This beautiful, moving work celebrates the life of Matthew and all those who have been victims of hate crimes. While parts might be triggering for some, the oratorio is ultimately an uplifting celebration of the power of light over darkness and love over fear. We hope you will join us for this healing experience of hope and joy.

Details at www.kulshanchorus.org

Joan Nathan's Israeli Cheesecake recipe:

INGREDIENTS

Crust:

- 2 3/4 cups all-purpose flour
- ½ teaspoon baking powder
- Pinch salt
- 15 tablespoons unsalted butter
- ½ cup sugar
- 1 large egg
- 1 zest of lemon

Cheese filling:

- 2 cups heavy cream
- 7 tablespoons sugar
- ½ (5.1 ounce) packet instant vanilla pudding
- 1/4 cup milk
- 1 pound Israeli soft white cheese, crème fraîche, or half sour cream and half cream cheese
- 1 pint fresh strawberries

Yield: About 10 servings

PREPARATION

Crust:

Step 1: Preheat the oven to 350°. Line a baking sheet with parchment paper and grease a 10-inch spring form pan. Put the flour, baking powder, pinch of salt, butter, and sugar

in a standing mixer equipped with paddle. Add the egg and lemon zest and mix on low speed until crumbs form.

Step 2: Pat ¾ of the dough into the prepared spring form pan and flatten the rest onto a baking sheet. Bake both for about 20 minutes or until fully cooked and golden around the edges. Let cool completely.

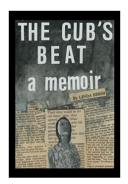
To make the Israeli cheesecake:

Step 1: Using a standing mixer equipped with the beater, whip the cream and sugar. In a separate bowl, sprinkle the pudding packet into the milk and mix. Add this mixture to the whipped cream. Then blend in the cheese. Fill the spring form pan with the contents of the bowl.

Step 2: Crumble the baked dough from the baking sheet on top of the filling. Refrigerate 24 hours and serve garnished with strawberries.



Author, Author! *The Cub's Beat – A Memoir* by Linda Hirsh



Linda Hirsh was an artist, but the two-bit gigs teaching her trade at area colleges wouldn't be enough to help send her four smart children through the universities of their choice. After an unsuccessful run as a secretary, she stepped into a job, at age 47, as a cub reporter for Connecticut's largest newspaper, *The Hartford Courant*. She had no qualifications other than her driven

curiosity. It made her, in her estimation, the world's oldest cub.

Linda's memoir is an account of the downs and ups and downs of her decade as a journalist in a corporate setting. It is also about a quartet of bosses she encountered, as well as the warm blanket of support she found there.

In the end, she answers her own question: Am I qualified as an artist and as a person at least twenty years older than my peers to be a reporter?

Some language in the book may curl delicate ears, but that IS the language of the newsroom.

The book is available from Amazon. We bet you can wrangle an autograph from the author!

May/June 2023 Shabbat Service Schedule

PLEASE NOTE: Friday evening services and Saturday Torah study will be hybrid, allowing congregants and visitors to worship or study in person, or attend via Zoom. **Except for B'Nei Mitzvah, all Saturday morning services will be in person only.** It is no longer required to show proof of vaccination or to wear a mask while in the building, although both vaccination and masking are strongly recommended. .

	Friday, May 5	6:15 pm Kabbalat Shabbat Family Service & Teacher Appreciation, featuring leadership from Chiara Horton	Saturday, June 3	9:30 am Torah Study (Parashat Naso) 11:00 am Jewish Renewal Shabbat service	
	Saturday, May 6	10:00 am Bat Mitzvah of Chiara Horton (in person and on Zoom)	Friday, June 9	6:15 pm Kabbalat Shabbat Service with Confirmation	
	Friday, May 12	6:15 pm Kabbalat Shabbat Service	Saturday, June 10	9:30 am Torah Study (<i>Parashat Behalotecha</i>)	
ξ	Saturday, May 13	9:30 am Torah Study (Parashat Behar-Bechukotai) 10:30 am Shabbat morning service		10:30 am Shabbat morning service	
			Friday, June 16	6:15 pm Kabbalat Shabbat Service	
	Friday, May 19	6:15 pm Kabbalat Shabbat Service	Saturday, June 17	9:30 am Torah Study (Parashat Helach)	
5	Saturday, May 20	9:30 am Torah Study (Parashat Bamidbar) 11:00 am Tot Shabbat service		11:00 am Tot Shabbat service	
			Friday, June 23	7:30 pm Kabbalat Shabbat service, with leadership from the Ma'Ayan Shir ensemble	
	Thursday, May 25	8:00 pm Tikkun Leil Shavuot		and Lea Donner	
	Friday, May 26	7:30 pm Kabbalat Shabbat service, with leadership from the Ma'Ayan Shir ensemble	Saturday, June 24	10:00 am Bat Mitzvah of Lea Donner (in person and on Zoom)	
	Catandari Mari 07	and Chavah Gentry	Friday, June 30	6:15 pm Kabbalat Shabbat	
	Saturday, May 27	10:00 am Bat Mitzvah of Chavah Gentry (in person and on Zoom)		service, with leadership from Jonah Attar	
			Saturday, July 1	10:00 am Bar Mitzvah of Jonah Attar (in person and on Zoom)	
	Friday, June 2	6:15 pm Kabbalat Shabbat Service (Kesher Shabbaton weekend)			

Anniversaries

May 1	Richard & Idalina Trank	(# 19)	June 9	Don Fenbert & Valerie Randolph	(# 33)
May 5	Jeff & Rochelle LaPlante	(# 11)	June 10	Bob & Cindy Friedman	(# 44)
May 7	Steven & Victoria Garfinkle	(# 29)	June 10	David Strich & Michelle Banks	(# 9)
May 9	John & Melissa Schapiro	(# 30)	June 12	Andy Kaplowitz & Lore Filgueira	(# 3)
May 11	Patrick Crane & Rick Peavy	(# 39)	June 12	Gaby & Victoria Mayers	(# 38)
May 12	Jeffrey & Wendy Holtzman	(# 38)	June 14	Joel & Jessica Cohen	(#15)
May 18	Rick & Leslie Adelstein	(# 48)	June 16	Tammy & Daryl Dixon	(# 16)
May 24	Rick & Tracey Levine	(# 36)	June 16	Andy & Neah Ingram-Monteiro	(# 5)
May 24	Rebecca & Andrew Orloff	(# 25)	June 18	David & Jill Elkayam	(# 45)
May 27	Lynne & Mark MacDonald	(# 45)	June 19	Miles Bryant & Sarah Bauman	(# 47)
May 28	David & Ellen Smith	(# 46)	June 19	Erin & Steven Cohen	(# 35)
May 29	Darcie Donegan & Phil Buri	(# 30)	June 19	David & Nancy Halpern	(# 19)
May 29	Rabbi Joshua & Nicole Samuels	(#18)	June 19	Ann Suloway & Tim Baker	(# 30)
June 2	Jay & Donna Solomon	(# 59)	June 23	Meg Jacobson & Russell Pritchett	(# 49)
June 3	Samantha Sinai & Alex Jeffers	(# 6)	June 23	David & Rena Ziegler	(# 55)
June 5	John Sternlicht & James Finley	(# 13)	June 25	Peter & Nancy Auerbach	(# 57)
June 8	Richard & Bonnie Cavell	(# 26)	June 25	Sarah & Todd Witte	(# 23)
June 8	Jeff & Jessica Galbraith	(# 21)			. ,

Yahrzeits

Observances follow the Hebrew calendar, unless the secular date is requested, and are read on the Shabbat prior to the observance date.

Friday, May 5 and		Friday, May 26 and		Friday, June 16	
Saturday, May 6		Saturday, May 27		William Robinson	6/12
Frances (Faigie) Morrill Schlitt	5/6	Annette Curtis	5/27	Rasela Catz	6/17
Alan Raas	5/6	Henry W. Fenbert	5/27	Elaine Meadows	6/17
Saul S. Spiro	5/6	Walter Miller	5/29	Ann Dechter	6/18
Alan Stone	5/8	Monroe Abrams	5/30	Sol Harris Lewis	6/18
Sydell Zemel	5/8	David Archie Bauman	5/30	Lawrence Witte	6/18
Lloyd Saxton	5/9	Harold Boehi	5/30	Libby Witte	6/18
Lucie Weis	5/9	Rosalind Kantor	6/1	Sandy York	6/18
Margaret Horwitz	5/10	Laurence Sharfstein	6/1	Sadie Rosen	6/19
Louis Suloway	5/10	Audrey Jaffe	6/2	Joanne Cohen	6/21
Barbara Vaughan	5/10	Friday, June 2		Ida Ostry	6/21
Nancy Kaufman	5/11	- -	6/0	Benjamin Heller	6/23
Arthur Markell	5/11	Otto Furth	6/3	Friday, June 23 and	
Sally Warshay	5/11	Nathan Kronenberg	6/3	Saturday, June 24	
Esther Kahn	5/12	Marion Selznick Reva Beck	6/3 6/4	•	6/24
Friday, May 12 and		Samuel Beck	6/ 4 6/5	Chase Jimmy Faye Goldberg-Miller	6/25
		Frances Glazer Garmo	6/5	Eva Rosenberg Kiersky	6/25
Saturday, May 13	5/40	David Ohms	6/5	Nathan Lassman	6/25
Irwin Suloway	5/13	Belle Kaplan Shapiro	6/5	Harold "Bud" Blank	6/26
Sam Eilenberg	5/16	Miriam Shepard	6/5	Lillian Feldman	6/26
Arnold Zolotrow	5/16	Marcia M. Morris Yust	6/5	Morris R. Hecht	6/26
Florence Marcus	5/17	Dorothy Katz	6/6	Lillian Markell	6/27
Louis Adelstein	5/18	Jack Glazer	6/7	Jacob Schlitt	6/28
Rose Block	5/18 5/19	Edward R. Glazer	6/8	Sue Groper	6/29
Emanuel Jacobson	5/19 5/19	Stanley Schlanger	6/8	Naftalie Mottel Jaffe	6/29
Nan Lopresti David Robinson	5/19 5/19	Stanley Friedman	6/9		0,20
William Stone	5/19 5/19	Rose Rebecca Glazer	6/9	Friday, June 30 and	
	3/19	Vincent Romito	6/9	Saturday, July 1	
Friday, May 19		Friday Ivaa O and		Elaine Lev Beller	7/1
Maia Haykin	5/20	Friday, June 9 and		Eric O. Sonneman	7/1
Rachel DeVries	5/21	Saturday, June 10		Beatrice (Bea) Moss	7/2
Lloyd Relin	5/21	Rose Beck	6/10	Sara Devery	7/3
Dottie Berelson	5/23	Bill Lewis	6/10	Cora Quiggle	7/3
Noemi Ban	5/24	Gloria Abrams	6/12	William Beck	7/4
Ethel Sandford	5/24	Marcella Schapiro	6/12	Stanley Sklar	7/4
Esther Friedman	5/25	Perry Davids	6/14	Sandy Thompson	7/4
Audrey May King	5/25	Irving Edward Shapiro	6/14	Myer Horwitz	7/5
Louise Hecht	5/26	Edith Corman	6/15	Virginia Hunter	7/5
Irene Rosenfeld	5/26	Harold Rosenberg	6/15	Albert Shankman	7/5
		Mark Raymond Witter	6/16	Shelly Mazur	7/6
				Lisa Furth	7/7
				Willa Faye Singleton	7/7





THE SHUL SHOFAR

Congregation Beth Israel

751 San Juan Boulevard Bellingham, WA 98229

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TIKKUN LEIL SHAVUOT

An evening of Torah study and sweets

Thursday, May 25, 8:00 pm

Come spend a couple hours on *Erev*Shavuot engaged in learning in honor of
the giving of Torah at Sinai. Developed by
the sixteenth-century mystics in Tzfat, a
Tikkun Leil Shavuot is an all-night study
session. At Beth Israel, however, we'll be
done by 10:00 pm!

If you are interested in leading a 10-minute Jewish teaching, please contact Rabbi Samuels.

