



End-of-Life Planning

Start Early — Take Charge



Sunday February 9, 10:30 a.m.-12 p.m.

Dr. Anita Meyers, Medical Director of Skagit County Hospice of the NW (CBI Congregant)

Dr. Angie Lee, Medical Director of Palliative Care and Whatcom Hospice at PeaceHealth, St Joseph Medical Center (CBI congregant) present **A view into Palliative Care and Hospice Services.**

Sunday February 23, 10:30 a.m.-12 p.m.

Dr. Bill Lombard, Former (retired) Medical Director, Mt. Baker Kidney Center presents **Realities of Advanced Medical Interventions**; the meanings of these interventions and what the outcomes could mean for patients in the short and long term. Take home a copy of the Honoring Choices Advance Directive document, think and talk about it, and bring it back for the next session.

Sunday March 1, 10:30 a.m.-12 p.m.

Tessa Whitlock, Certified Advance Care Planning Facilitator, NW Regional Council: **How to complete the Honoring Choices Advance Directive Document.** Join Tessa as she assists us step by step to fill out our own Honoring Choices document. Then have it notarized free of charge.

Sunday March 15, 10:30 a.m.-12 p.m.

Rabbi Joshua Samuels: **The Rabbi's Role at the End of Life; Jewish Burial and Mourning Rituals.**

Janis Ban, Cemetery Committee Chair: **The Chevra Kadisha, Jewish Cemetery Burial Plots.** We'll have representatives from Sigg's, Moles and Westford funeral homes for a panel discussion about their services before and after death.

Events are free and are intended for those 18 and older

Presented by Care and Cemetery Committees