

## **Congregation Beth Israel Food Guidelines**

Food service must be kosher style. Under no circumstances shall pork, shellfish or meat be brought to the Congregation Beth Israel Campus (inside or outside the facility).

- Food prepared onsite or brought into Congregation Beth Israel's building must adhere to Congregation Beth Israel dietary policies.
- Vegetarian, dairy or fish may be served. Note: only fish that has fins or scales may be served - no shellfish or any sea animals that do not have scales and fins (e.g. shrimp, crab, mussels, clams, catfish, shark...).
- No meat or meat products are served at any time. Note: fowl is considered a kind of meat).
- No pork, ham or products made with lard may be served or used in conjunction with foods prepared for consumption for the event (e.g. bacon, sausage, box mixes that contain lard, etc.).
- Congregation Beth Israel recognizes food allergies and intolerances can be very serious or life-threatening and after careful consideration has adopted a 'nut and allergy awareness' policy. Nuts are discouraged at CBI events (e.g. including peanuts, walnuts, almonds, hazelnuts, cashews, pistachios, Brazil nuts and nut products such as nut butters and nut milks). Gluten-free foods can continue to be served on a separate table or section. A checklist of the most common foods to which people have reactions will be available for those providing food to fill out for every dish that is not totally obvious and safe (e.g. a bowl of oranges).
- All items can be commercially catered, or home baked as long as they are consistent with Congregation Beth Israel's Food Guidelines.