BETHISRAEL THE SHUL SHOFAR

VOL. 27, NO. 1 * Congregation Beth Israel * Bellingham, WA 98229 * bethisraelbellingham.org * (360) 733-8890

Concert Will Get Folks Singing and Dancing, Listening and Reflecting

Rabbi Deborah Sacks Mintz performs with Chava Mirel September 18

BY MELISSA SCHAPIRO CBI PROGRAMMING & COMMUNICATIONS

As we prepare for High Holy Days, we are in for an all-ages spiritual treat with a concert by Rabbi Deborah Sacks Mintz, featuring Chava Mirel. They will perform together at 1:00 pm, Sunday, September 18, 2022, at Congregation Beth Israel, just a week before we get together again for Rosh Hashanah.

Deborah and Chava, described as being among the most dynamic and creative voices in Jewish music today, have collaborated on eight albums, including *New Moon Rising* just released in June 2022. We are so fortunate to have these female powerhouses in Bellingham sharing their music – described as a soulful oasis of rich harmonies, deep friendship, and joy.

Rabbi Deborah Sacks Mintz, an educator, practitioner, and facilitator of Jewish communal music, released



Rabbi Deborah Sacks Mintz and Chava Mirel

her first album of original spiritual music, *The Narrow and the Expanse*, in 2020 and is currently working on her second, to be released in 2023. Ongoing artistic projects include Joey

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Mixed Emotions

FROM THE RABBI



Whenever I sit down to write my column for the September/ October issue of the Shul Shofar, I am overcome with bittersweet

emotions. On the one hand, it begins to dawn on me that summer is coming to an end and that the marathon of High Holy Days are fast approaching. And on the other hand, the High Holy Days are fast approaching which means I get to see so many congregants and this is one of my greatest joys as your rabbi.

This year, Rosh Hashanah and Yom Kippur will feel familiar to most attendees. Andrea and I will be joined by several musicians over the course of these sacred days and the majority of the melodies will be ones we've heard in years past with perhaps a couple new ones to be introduced. Where these High Holy Days will differ from years past is when we arrive at Sukkot and Simchat Torah. While these days are filled with joy, there will also be a bit of sadness as Andrea will already be in Israel by then. Celebrating these festive days will certainly feel different

From the President...

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What Brings Us Together



I want to thank all the dedicated volunteers who sit on our board. I hope everyone can appreciate that this group spends their free time helping us maintain and improve our congregation. At the last board meeting, we

approved a new committee called Youth Outreach, Engagement, and Inclusion. The objective of this group is to institute a wide range of opportunities for our youth to stay engaged in their Jewish community, outside of Kesher and religious observance. This is an outcome of a group of board members tackling the question of how to keep our youth involved with the Synagogue. And one of their conclusions was to make sure our youth have opportunities to do activities they enjoy.

I am so happy that we have this new committee. We have a great Kesher program to help educate our youth, and we have fun activities for high school age kids through BAY. All too often we see our kids step away from Jewish life after their Bar/Bat Mitzvah. Kevin Donner, now the chair of the committee, impressed on me how important it is that these kids have positive experiences at CBI at all ages. After all, these are our future leaders. Hearing some of the proposed youth activities got me thinking about my own experiences at the Synagogue and what entices me to get involved. What brings me enough joy to make the drive to CBI after a long day of work, or instead of some other weekend activity I have had on my wish list?

After my article in the last Shul Shofar where I talked about the importance of supporting our Synagogue, I am now asking, what brings us together? For many of us, the opportunity to pray and continue our religious traditions is a strong motivator as seen at High Holy Days when we have our largest showing of members. We are a diverse group and have different needs throughout the year. It reminds me of this joke about congregation opinions:

During a service at an old synagogue in Eastern Europe, when the Shema was said, half the congregants stood up and half remained seated. The half that was seated started yelling at those standing to sit down, and the ones standing yelled at the ones sitting to stand up. The new rabbi didn't know what to do. His congregation suggested that he consult a housebound 98-year-old man who was one of the original founders of their *shul.* The rabbi went to the nursing home with a representative of each faction of the congregation.

The one whose followers stood during the prayer asked the old man, "Is the tradition to stand during this prayer?"

The old man answered, "No, that is not the tradition."

The one whose followers sat said, "Then the tradition is to sit!"

The old man answered, "No, that is not the tradition."

Then the rabbi said to the old man, "But the congregants fight all the time, yelling at each other about whether they should sit or stand!"

The old man interrupted, exclaiming,

"THAT is the tradition!"

We all have different passions, interests and needs from a Jewish community. There is no doubt that Covid has had a huge impact on our activities. We had a completely closed building, and now as we re-open, we have an opportunity to decide what we want going forward. We have an active Programming Committee bringing us live music, book readings, discussion groups, and adult education. So, I know we are trying different things.

As the High Holy Days approach, I am thinking about what I can do differently in the year ahead, as well as how we can improve our Synagogue. What can we change to bring us together even more?

I know there is no magical solution. We all have to help. A friend of mine has a saying when we travel together, "Everyone is responsible for their own happiness". To a large degree I think that applies to our Synagogue.

We have many wonderful volunteers dedicated to our many committees. If there is something missing from your Jewish life, there already is a committee that can help make your idea come true. Often just the act of getting involved fulfils a need. Whether it is watering our plants, planning new member ice cream socials, or setting up an *Oneg* meal. The act of doing something together can be greatly satisfying. In the near future I plan to send out a survey to find out what interests you. What would make you get in your car and drive to CBI? What will bring you added happiness? I hope you take some time to think about how you might answer, and if it is something you are willing to help make a reality.

You can be Jewish alone but being Jewish as a community can be more fulfilling. I hope to see you all at High Holy Days when we pray together.

And I wish everyone a Shana Tova.

JOSHUA GREENBERG PRESIDENT

CONGREGATION BETH ISRAEL

751 San Juan Boulevard Bellingham, WA 98229

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Deadline for submission of all articles and calendar events for the November/December issue is <u>OCTOBER 11</u>. Call the office for more information.

CONGREGATION BETH ISRAEL

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From the Kesher Center for Jewish Learning

Our Amazing Community Helping Our Kids!

I want to start off by thanking the 25 Kesher parents and CBI board member volunteers who answered the



call to help clear out the remaining unsold yard sale items from our Kesher classrooms and downstairs basement. Without their enormous amount of energy and determination, I would still be there clearing out classrooms and removing things from the small storage unit. We want to sincerely thank the Sommers family. They donated the use of their business

trailer, thereby, preventing the need for several cars to caravan to Value Village with the boxed and bagged-up leftovers. We are truly humbled by all the support from everyone who showed up to work hard on July 31. I am so proud to be a part of such a caring and generous community.

As of this writing, the Kesher's learning curriculum has been selected. New materials have been ordered and teachers have been hired. We want to extend heartfelt appreciation to both Rita Spitzer and Robin Curtis for assisting in coordinating with the 2022-2023 curriculum selection process. Together, we assembled and organized curriculum already acquired by CBI and we determined which teaching materials would no longer meet our program's needs. Those texts and booklets will have a ceremonial ritual burial conducted by Rabbi Samuels. Older students will attend this ceremony this coming year.

If you haven't already done so, please register your children into Kesher. Early registration allows us to prepare appropriately. Knowing each classroom's head count enables us to order ample materials, place our Madrichim (teacher aides) where needed, and determine how to set up our rooms. If you have any concerns or questions regarding registration, please feel free to contact the synagogue office. We will make sure to assist you personally or get you connected with the right person who can attend to your needs.

Our team would like to extend an open invitation to families, CBI Board Members, and the CBI community at large to come join us for an Open House on September 18th, 10:00 am-12:30 pm. We are inviting everyone to come share a day with us in Kesher. We have also invited our MASSA cohort from Everett to join us for their first day of MASSA class. They will receive a tour of our building, meet their MASSA cohort, and meet Gaby Mayers, their MASSA Israel Studies co-teacher.

In addition, at the Open House we will have Volunteer Sign-up sheets. Our intentions are to utilize helpers to assist with special days, field trips, arts and crafts, music, and maybe even reader's theater plays just for fun. We also are looking for volunteers to simply read books to students and maybe help out the teacher as needed. Please consider becoming an active participant in our youth educational programs.

It has been my pleasure working with the Kesher team to-date. We are now excited and ready for this next year to start with Leah Bordman as my Kesher Co-Director. She is currently serving as the Director of Jewish Learning at Camp Kalsman. Please join us in welcoming her back to CBI and come out to support us as we embark on a wonderful new school year.

> VICTORIA MAYERS CO-DIRECTOR OF KESHER

Synagogue 411

Archives: Tim Baker, (360) 305-6945 Care: Harriet Markell, (916) 207-9381 Else Sokol, (360) 393-9618 Membership: Ann Suloway, (360) 296-8220 Sue Mahar (360) 319-5314 Library, Scrip: Joan Wayne, (360) 676-8939 Gartner Scholarship Fund: Emil Hecht, (360) 201-4664 Carol Robinson, (360) 671-3852 Social Action: Linda Blackwell, (360) 647-9519



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Building memories one vacation at a time

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Bar Mitzvah

Evan Matthew Konikoff will be called to the Torah as a Bar Mitzvah on Saturday, September 3, 2022. Evan is the son of Isaac and Samantha Konikoff and the older brother of Emma. Evan is heading into his eighth grade year at The Franklin Academy, where he loves science, math and coding. He is passionate about any-

thing to do with space and astrophysics. Evan also enjoys video games and is an avid reader.

Evan's family invites you to join them in celebrating this *Simcha*:

SHABBAT EVENING SERVICE Friday, September 2, 2022 at 6:15 pm

SHABBAT MORNING SERVICE Saturday, September 3, 2022 at 10:00 am

Come to the Interfaith Coalition's Auction!

Since 1981, the Interfaith Coalition of Whatcom County has been a leader in tackling Whatcom County's greatest issues to ensure the health and well-being of local families. Last year, 1,641 volunteers from over 40 faith communities worked side-byside taking steps toward eliminating homelessness and poverty. Some of our successes included housing 48



families in emergency/transitional housing, distributing 12,000 books to children, and serving over 10,000 meals to those who otherwise might go unfed.

We hope you will join us at our Auction at 5:30pm on September 18 at Twin Sisters Brewing Company! Here are some FAQs:

Can I buy a whole table? / Will there be assigned seating? We are selling individual tickets for this much-overdue celebration to foster connection with friends old and new! Come early with your group and grab seats together or sit with unfamiliar faces and make more friends.

What does a ticket include? Your ticket includes an Open Bar Social Hour with beer, wine, and cocktails from 5:30 pm-6:30 pm, delicious buffet-style dinner with seasonal salads, roasted veggies, and a slider bar, music by The Sweet Goodbyes, guest speakers, access to the Live Auction, and the peace of mind that you're a part of giving local families a chance to get out of homelessness. *Will there be drinks available other than beer?* Yep, there will be beer, wine, and handcrafted cocktails.

Can I bid on the silent auction items without buying a ticket? Absolutely! Anyone with internet access and a credit card can participate in the silent auction. Winners must be able to pick up their items. Check back at this website, https://www.interfaithcoalition.org/auction, beginning September 12th.

Can I buy tickets at the door? We have limited the event to 200 guests and anticipate the event will sell out.

What will the program entail? Beginning at 6:30 pm, the program will feature speakers and the Live Auction.

Can I donate to the event even if I don't buy a ticket? Please do! You can make your contribution at www.interfaith-coalition.org/donate

Will the auction be indoors or outdoors at Twin Sisters Brewing Company? Both (weather permitting)!

From the Social Action Committee

PRIDE, Upcoming Food Donations and More Social Action!

BY LINDA BLACKWELL

It was a busy summer for CBI congregants and social justice. We participated in two PRIDE parades. We had a booth at the Sacred Earth Fair and Dr. Barak Gale spoke about the Jewish perspective on the Climate Reality Project. Joan Wayne and Corinne Gimbel-Levine continued to feed families in the Interfaith Coalition's Family Promise program. A big shout-out to Julia Ban for speaking against Gun Violence at the March for Our Lives Rally. Finally, the Rabbi held a book group to discuss *People Love Dead Jews* by Dara Horn.

The future plans are to have a food bank drive for the High Holidays. This year we will donate to the East County Food Bank in Maple Falls. Food needs are high everywhere but the East Co Food Bank struggles to keep basic grocery supplies. Please watch the *Timbrel* for donation times on Yom Kippur.

Another project beginning this fall will be to collect items for refugees through the Jewish Family Services in Seattle (JFS). The items will stock apartments with kitchen and bath sup-

Order Your Lulav/Etrog Set Through Beth Israel

We would like to offer CBI members the opportunity to join with Beth Israel to order a Lulav and Etrog set for their personal Sukkot celebration, and allow us all to



take advantage of the bulk pricing available for orders of five or more sets. Each set consists of an Israeli *Etrog*, *Lulov* (palm branch) with its palm holder, *Hadassim* (myrtle branches), and *Arovoth* (willow branches). Also included is a basic user friendly, informative guide that lists all the *Brochoth* (blessings) and *Halochoth* (laws) of the four species. Each set is separately packed with the *Lulov* assembled together in the pouch. The bulk order price is \$36 per set.

Orders must be placed and paid for no later than September 16, and you will need to pick up your set from the synagogue once it arrives. Please contact the CBI office for more information: office@bethisraelbellingham.org or (360) 733-8890.

plies. A list will be made available next month via a shared google document. Items must be new or very gently used.

There is also a program to fill backpacks with essential supplies for their Survivors of Trafficking Program for Youth & Young Adults. JFS offers "trauma-informed, comprehensive case-management services for foreign-born survivors of sex and labor- trafficking. The goal of this program is to help survivors of human trafficking achieve long-term stability and selfsufficiency as well as immigration relief. Services include help with basic needs, medical case-management, legal assistance, transportation, school and higher education support, and assistance obtaining correct personal and immigration documents". One option on the JFS website is to make a donation directly or use a link to their Amazon wish list.

Contact Linda Blackwell, blackwellbham@gmail.com for questions as to donations or how to be involved in the Social Action Committee.

The Kvelling Corner

Welcome to our new members!

- Lindsey Adelstein Bellingham
- Farrell & Katherine Covell, and sons Harrison (age 12), Andrew and Hudson (both age 6) – Bellingham
- Meghan Galvin and Cody Fay, son Elijah Fay (age 14) and daughter Sophie Fay (age 10) – Arlington
- Jeff & Jessica Galbraith, and daughter Lucita (age 8) Bellingham
- Gayle & Matthew Kinney, and daughters Eden (age 14) and Aspen (age 11) Ferndale
- Samantha Sinai and Alex Jeffers Bellingham
- Sabrina Stratton and Brandon LaChance, and sons Benjamin Smith (age 11) and Zachary Smith (age 8) – Bow



Geraldine and Christoph Reitz are the proud grandparents of their second grandchild, **Silas**, born July 24, 2022, to Leah Reitz and her husband, Davis Wright.

Cantor's Corner

Life-Changing Awe for the New Year

BY ANDREA SHUPACK

Often during the High Holy days, we focus our hearts on teshuvah-correcting our wrongdoings, repairing relationships, and taking stock of our lives. These are all positive elements of the soul-work the holy days encourage us to do to enrich our lives. Yet, we may also read the liturgy while sitting in services and be struck by the dread the texts continually portray. In particular, the powerful Une Tane Tokef prayer which describes God's judgment, and forces us to face our mortality and lack of control over the course of our lives and deaths. "Let us proclaim the sacred power of this day, it is awesome and full of dread... On Rosh Hashanah it is written and on Yom Kippur it is sealed, "who shall live and who shall die." Perhaps all the language of fear, dread, and judgment in our machzor (Prayer book for Rosh Hashanah and Yom Kippur) alienates rather than inspires us to draw near. How can dread be a spiritual quality that helps us live a more attuned and more aligned life? But it doesn't have to be read this way. We lose something important in translation.

The word *yir-ah* (which shares the same root with norah, where we get one of our names for the High Holy Day period-Yamin Noraim, The Days of Awe) is difficult to translate, because it represents the intersection between awe and fear in a single word. Yirah invites us to take in how small and out of control we actually are. Often our biggest life-changing, awe-inspiring moments include fear, that's what makes them so powerful. It is the very themes of the High Holy Days which can help us embrace the joy and amazement always present in our lives, despite the fact that so much is scary and out of our control. Yirah is the beautiful fiery sunset and the vast starry night sky when we feel so small yet overwhelmed knowing we are part of this hugeness as well. It is the balance of awe and fear that gives us a greater awareness of our place in the universe, while also realizing how fragile and vulnerable we are. This is where Rosh Hashanah and Yom Kippur ask us to dwell. It is not easy, and it does not come without practice and introspection.

There is a different Hebrew word used for pure fear (*pachad*) so I would argue that while *yirah* expresses the connectedness of these two experiences, this word's intention is for us to lean into the awesomeness more than the fear. Interesting that this word also shares the root with *yireh*, which means "vision". What can cultivating awe help us see?

I hope we can open ourselves during Elul to see what is greater than ourselves. As the transcendent more grandiose music of the holy days washes over you, contemplate what brings you wonder and joy, and gives your life meaning. Living a life of awe inevitably leads us to feeling more gratitude for what we have and experience in the world. Stand overlooking the Grand Canyon, and while the vastness of it all takes your breath away, a feeling of peace and appreciation for beholding this wondrous site is likely to follow.

Awe and gratitude often get overlooked during the High Holy Days, but it is just what we need to work on to help us find deeper happiness in the new year. Research has shown that instilling these feelings on a regular basis creates higher creativity, life satisfaction, humility, physical well-being through lowered inflammation and stress, creates more feelings of belonging and connection, compassion, curiosity, and willingness to explore the unknown. It even decreases materialism, most likely because we are more appreciative of what we have that we don't feel the need to keep buying more things to fill the hole of dissatisfaction.

Judaism is a religion of gratitude. Our tradition calls us to say 100 blessings a day, our morning liturgy is made up entirely of texts calling our attention to the awe of the world, and gratefulness that we are present to experience it. Let us not take it for granted. Let us search for and savor it. Gratitude is such an important Jewish trait, our very identity—our name Yehudi means grateful. There is even a blessing for striving for gratitude.

Baruch Atah Adonai, *hatov shimcha ulcha na-eh l'hodot*. Blessed are You, Source of Life who helps me to cultivate gratitude for the blessings of every day.

בּרוּך אתּה יהוה הטוֹב שמך וּלך נאה להוֹדוֹת

The Hebrew word for gratitude is *Hakarat HaTov*, which means recognizing the good. The good is always there, the hard part that takes practice is being aware of the good and seeing it daily. Especially when we are struggling and suffering. But that is exactly when we need it most. Gratitude also protects us with resilience in difficult times. We have many opportunities everyday to experience awe and gratitude all around us; through prayers, words and music, people, community and shared experiences, through our natural world, in miracles large and small. Our Jewish tradition is a treasure trove of wisdom in how to live our best lives, and its foundation is awe and gratitude. As we approach this season of renewal once again, I hope instead of fear and judgment, that the texts will speak to you in a different way. The prayers we recite, and the blast of the shofar are calling to us saying, "Wake up! Life is too full of blessings to waste time and attention

The Shul Shofar

RABBI DEBORAH SACKS MINTZ PERFORMS WITH CHAVA MIREL

Continued from Page 1

Weisenberg's Hadar Ensemble,

Rabbi Josh Warshawsky's *Chaverai Nevarech*, and *New Moon Rising* with Elana Arian and Chava Mirel.

Deborah serves the Hadar Institute as their Director of Tefillah and Music. She received rabbinic ordination from the Jewish Theological Seminary, and holds degrees in music and religious anthropology from the University of Michigan.

Chava Mirel, Cantorial Soloist and Musician in Residence at Temple De Hirsch Sinai in Seattle, defies classifications of style or genre. A multi-award winning musician and composer whose voice was recently featured on a Grammy award winning album, Chava is celebrated for her rich, luxurious vocals, lush harmonies, and rhythmic phrasing. Regardless of setting — spiritual gathering, concert hall, classroom or jazz club — she imbues her music and teachings with the universal themes of hope, caring, connection and inclusion. Chava's latest original album, *Source of Love*, is a collection of songs set to prayers from the Jewish Liturgy as well as new songs with universal themes that encourage the listener to create a better future by focusing on nature, family, and spirituality.

In addition to *New Moon Rising*, Chava also recently released a full-length jazz album, *Chava Mirel: The Quarantine Sessions*, recorded in an electrifying live session with her jazz sextet. This will be Chava Mirel's second concert at Congregation Beth Israel – she performed in 2018 to an enthusiastic crowd.

Following is a conversation with the two artists.

Q. Tell us how the two of you came to perform together.

Deborah: In 2018, our dear colleague Rabbi Josh Warshawsky hired us both as session musicians on his record — the musical chemistry was instant, and the blossoming of friendship soon followed. We continued to find ourselves deep in collaborative work on a myriad of projects in our overlapping communities; through Hadar's



CONCERT DETAILS

1:00 pm, Sunday, Sept. 18, 2022

Concert by Rabbi Deborah Sacks Mintz, featuring Chava Mirel

Tickets: Adults \$18, Students \$10, Kesher Family, \$36. Available online at

bethisraelbellingham.org www.deborahsacksmintz.com www.chavamirel.com

You can help ensure we are able to continue bringing worldclass performers and events to our Bellingham community. Reach out to John Schapiro about sponsorship opportunities: (360) 739-0519, johndavid.schapiro@gmail.com

Rising Song Institute where I serve as faculty, through continued recording and performing work with stellar musicians in the scene, and most recently, through New Moon Rising — the trio project we founded together with our third sister in song — Elana Arian. Including my own original albums, Chava and I have now collaborated on eight albums together...we feel so blessed to be part of a rich and diverse community of collaborative artists.

Chava: Deborah and I had been aware of each other in the Jewish music scene for years, but had never met — the coasts are a big divider! It isn't common to find collaborators that have both similarly unique perspectives, yet also balance each other out. We have parallel interests and skills, and also complementary interests and skills! It's incredibly special.

Q. You both have quite a repertoire of music styles — what can we expect at your upcoming concert?

Chava: At the core, I compose music from a place of seeking spiritual connection and transformation, personally and communally. That's why I write, and what I hope those who sing with me are seeking and joining me in as well! Stylistically, I'd say folks can expect from me music that is rhythmically focused, heavily influenced through blues, jazz, and eclectic and soulful world music. But on this concert, I'm most profoundly excited to be supporting Deborah's music, partnering with her on unearthing new sounds and creating lush soundscapes of deep harmony and groove on her beautiful compositions.

Deborah: One thing Chava and I really see eye-to-eye on is the role creative and intentional vocal harmony can play in shaping and transforming a sound. While in this particular concert the repertoire itself will be heavily focused on my compositions, the role Chava plays as a collaborative vocalist, and the experience and expertise she brings from the world of jazz and reggae, will hopefully give the audience an opportunity to find even deeper soul, groove, and meaning in my songs. My music itself is

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Faces in Our Community: Darcie Donegan and Phil Buri

BY LINDA HIRSH

Gentleness emanates from Darcie Donegan and enfolds whoever is near. It's as if she's following the advice of Mr. Rogers that she has pasted on her email: "There are three ways to ultimate success: The first way is to be kind. The second way is to be kind. The third way is to be kind."

Kind is also the German word for child and Darcie has showered it on the children that she has taught and taught about since 1983.

She slipped into the field unexpectedly: "After I decided not to go to law school, the only job I could find with my Political Science/Near East Studies degree was working in childcare," she said. "I found I loved it and couldn't leave the field."

Member Sharona Feller has worked with Darcie and watched her in the classroom. "The love and true kindness she shows toward each student is palpable," Sharona said. "Darcie values and honors those she works with, be they young children, parents or colleagues."

In addition to teaching, Darcie has also been the director of a large center, a trainer, parent educator, consultant, and since 1985, she has worked as a faculty member in What-



Darcie Donegan and Phil Buri

com Community College's Early Childhood Education Department. Darcie is also on the board of the Whatcom Center for Early Learning, the program for children from birth to three with developmental delays or special needs.

But empathy begins at home. Darcie and her husband Phil Buri held a seder that her mother, Sarann, could not attend. The day after, Sarann said Darcie brought her portions of each seder food. Darcie's daughters inherited that giving spirit. One daughter organized a seder for the Western Washington University Hillel and her other daughter hosted a seder for her non-Jewish workmates at REI. Darcie was born in New York City, but her family moved to Cheney, WA. when she was in second grade, the only Jewish student in her class. Her mother's family were German and Polish Jews and her father's family was Irish Catholic. The maternal grandparents were an "influence on my feeling Jewish," she said. They frequently reminded her that "It doesn't matter who your mother married, you are still Jewish, and we can't let Hitler win."

Her interest in Judaism deepened in the late 1970's when she joined the Israeli Club at Western Washington University. Then she worked in

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High Holy Days 2022/5783

Schedule of Services

We look forward to having you join us for our hybrid High Holy Days services, either in person or on Zoom. Non-members are encouraged to make a donation if possible; contact us at office@bethisraelbellingham.org, or 360/733-8890 for more information.

Services led by Rabbi Joshua Samuels and Cantorial Soloist Andrea Shupack except as noted.

(Links will be displayed in the Timbrel the week before the services)

Saturday, September 17	8:30 pm	Selichot Service, beginning with Havdallah & study session. Join Rabbi Samuels, Andrea Shupack, and HHD cellist Sam Sinai for an evening of music and sharing. (In person only)
Sunday, September 25	7:30 pm	Erev Rosh Hashanah Service Zoom Meeting ID: 889 6420 5435 Passcode: swQrB4
	9:00 am	Rosh Hashanah Family Service (in person only)
Monday, September 26	10:30 am	Rosh Hashanah Morning Service Zoom Meeting ID: 884 0530 6020 Passcode: T6E10V
	3:00 pm	Tashlich (in person) at Lake Padden, by the playground
Tuesday, September 27	10:00 am	Rosh Hashanah 2nd Day Morning Service led by Hank Levine Steve Ban, and David Schlitt Zoom Meeting ID: 852 8291 5334 Passcode: z0qF7i
Sunday, October 2	3:00 pm	Memorial Service (in person) at Beth Israel Cemetery
Tuesday, October 4	7:30 pm	Kol Nidre Zoom Meeting ID: 857 0845 6907 Passcode: ju9nx3S
Wednesday, October 5	9:00 am	Yom Kippur Family Service (in person only)
	10:30 am	Yom Kippur Morning Service Zoom Meeting ID: 891 4724 3942 Passcode: CCHU9e
	3:30 pm	Yom Kippur Afternoon Service Zoom Meeting ID: 858 7242 9263 Passcode: Ds7K6a
	5:30 pm	Yizkor and Neilah Zoom Meeting ID: 820 6908 5673 Passcode: Kat6jX
Tuesday, October 11	10:00 am	Sukkot Festival Service (in person only)
Monday, October 17	6:30 pm	Simchat Torah observance (in person only)

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FROM THE RABBI

Continued from Page 1

without Andrea's musical and spiritual leadership. But, I am excited for the Shupacks to be in Jerusalem during Sukkot because nothing is like Sukkot in Jerusalem. Walk down any street and you will see flimsy-looking sukkot on so many balconies. Most of them would not pass a safety inspection!

Since Andrea and her family will be departing Bellingham immediately following Yom Kippur, we have selected Friday, September 16 as the shabbat service when we get to bless them for safe travels and a wonderful experience in Israel. I hope you will join me in person that evening to shower the Shupacks with love.

It will be strange this year not having Andrea as my bima partner and co-worker. We have worked closely with one another for 8 years now and while I am thrilled for her to be embarking on what I know will be a lifechanging and wonderful experience with her family, selfishly speaking, I am going to miss her many contributions to the Beth Israel community. Not only do we plan and lead services together, but we also run the b'nei mitzvah program, coordinate Kesher, plan adult education classes, run holiday programming, coofficiate at life-cycle events, and so much more.

I am excited for the Shupacks and especially for the Jewish growth that Andrea will experience. Much of who I am as a rabbi is a direct result of my time living in and visiting Israel. Living as a Jew in the Jewish homeland is unlike anything else. I am eager to hear what Andrea will be learning and where she'll be traveling. Perhaps the folks who go on the adult trip to Israel this spring will have an opportunity to visit with Andrea and get a glimpse of her life there.

I hope you will join me on Friday, September 16 to say *l'hitraot* to Andrea. Not goodbye, but rather, see you again.

RABBI JOSHUA SAMUELS

DARCIE DONEGAN AND PHIL BURI

Continued from Page 8

Israel on Kibbutz Naot Mordechai. She finished her degree, did graduate work at the University of Washington and earned a master's in Human Development/Early Childhood Education from Pacific Oaks College.

Phil grew up in Spokane. "It was a great place until age 13," he said. "I spent most of my teenage years plotting my escape," which happened when he attended Princeton University, then Harvard Law School. After that, the West coast reclaimed him. He is a partner at the local law firm Buri Funston Mumford & Fulong.

"I graduated with a great sense of entitlement," he said. "Life beat it out of me." As for religion, "I grew up Presbyterian, but now believe in Phil's religion: Jazz, wine, love your family and be a good person."

The two met through Phil's sister, Mary, who was a friend of Darcie's from college. On June 15, 1989, they had their "fateful first date," spent a year in a long-distance relationship, lived in Washington DC together, then married under a *chuppah* at Pike Place Market on May 29, 1993.

"There is no greater luck than marrying a great wife," he concluded. "We still make each other laugh."

They moved to Bellingham where Darcie had good memories from her WWU school days. "Congregation Beth Israel member Ann Brown came by our house with a welcome basket," she said, and "That was that!" They joined, the youngsters attended Sunday school and the daughters, who are fraternal twins, had Bat Mitzvot together. In turn, Darcie has taught the infant through preschooler Kesher class and served on the Kesher Advisory Board. Phil made a memorable impersonation of Mordecai for the Purim *shpiel* and has served on the boundary issues task force.

Their son Avi, 28, who has a history degree, works for a Blaine trucking company. Daughter, Isobel, 23, will study speech and language pathology at WWU. Elena, 23, is the program coordinator for WWU Hillel. They have two dogs, Kona, a big shy goldendoodle, and Nala, a small fierce schnoodle.

As for travel, Darcie trained with infant/toddler caregivers and education professors in Azerbaijan, Bulgaria, and Albania. Her trip to Israel and backpacking through Europe were memorable. The couple's anniversary trips include Kauai, Italy and an upcoming trip to England, France, and Luxembourg.

The last word: Darcie survived stage III colon cancer last year. Going through it was difficult, "but my family really pulled together to take care of me. Happy to report I am cancer-free, so I want to do a PSA and remind all to get their colonoscopies and not ignore symptoms," again, always caring.

Special Fund Donations

CAMP/YOUTH ACTIVITIES FUND

IN HONOR OF:

*Elijah Wolfson, on becoming a Bar Mitzvah *Ruby Simon, on becoming a Bat Mitzvah **From:** *Karen Sloss*

RABBI'S DISCRETIONARY FUND

IN HONOR OF:

*Rabbi Samuels – Wishing a Happy Father's Day *Rabbi & Nicole Samuels – Best wishes for their birthdays From: Fran Levy (Carmichael, CA)

*Elijah Wolfson, on becoming a Bar Mitzvah *Ruby Simon, on becoming a Bat Mitzvah *Evan Konikoff, on becoming a Bar Mitzvah **From:** *Patrick Crane*

IN APPRECIATION:

To Rabbi Samuels, with thanks for the wonderful wedding ceremony **From:** *Nancy & Don Davis*

To Rabbi Samuels, with thanks From: *Miriam Davids Lou & Marcia Lippman Leah Lippman*

DEEPEST SYMPATHY TO:

Victoria & Gaby Mayers and Family, in memory of their beloved son, Jonathan **From:** *Barry & Kathy Paluch*

Sarah Witte, in memory of her father, Dr. John Booth **From:** *Steve & Rita Spitzer*

IN LOVING MEMORY OF:

Shelly Mazur, beloved husband, father, and grandfather **From:** *Phyllis Mazur*

Gartner Scolarship Fund

*Carrie Adelstein, on her marriage to Adam Tipps *Rick & Leslie Adelstein, on the birth of their granddaughter, Selah **From:** *Carol & David Robinson*

Kesher Religious School

Sarah Witte, in memory of her father, Dr. John Booth **From:** *Miriam Davids*

New Synagogue Fund

IN APPRECIATION OF: The landscaping at our building! From: Richard Widerkehr

IN HONOR OF:

Team Mayim From: Marta & Craig Brand

DEEPEST SYMPATHY TO:

Sarah Witte, in memory of her father, Dr. John Booth **From:** Jodi Litt Katie Edelstein

Nancy & Don Davis, in memory of their cousin, Michael Golden From: Joan & Marv Wayne

IN LOVING MEMORY OF:

My beloved mother, Rose Lassman **From:** *Bernice Loober*

CONTRIBUTION FROM:

Don Fenbert & Valerie Randolph David Goldman & Linda Blackwell Lynn & Michael Korner Dan Raas

Rabbi's Prof. Development Fund

IN CELEBRATION OF: Rabbi Samuels' contract extension! From: David Schlitt & Sarah Zarrow

Israel Trip Scholarship Fund

We are proud to announce the establishment of the Israel Trip Scholarship Fund. All donations to this special fund will help support our students going on a CBIsponsored trip to Israel in June 2024 as participants in our exciting new Israel studies pilot program, "MASSA: a teen journey toward Israel and selfdiscovery." For more information about the program, contact Rabbi Samuels or Victoria Mayers

IN LOVING MEMORY OF:

Jonathan Mayers. His life was a blessing From: Gaby & Victoria Mayers

Our beloved cousin, Michael Golden From: Nancy & Don Davis

DEEPEST SYMPATHY TO:

The Witte family, with condolences on the loss of their father and grandfather. **From:** *Ann, Tim, and Asher Suloway Baker*

CONTRIBUTION FROM: Geraldine Reitz



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RABBI DEBORAH SACKS MINTZ PERFORMS WITH CHAVA MIREL

Continued from Page 7

heavily rooted in the sounds of the nigun — the traditional, mantra-like wordless melody - meant to be sung in community, uplifting each and every voice. Some of my music utilizes texts from deep within Jewish tradition, and some are purely wordless. I'm excited that together we will strive to get folks singing and dancing, listening and reflecting.

Q. How did this Bellingham concert come about are you touring?

Deborah: I've actually never been to the Pacific Northwest, and am so thrilled to have the opportunity! A Shabbaton in partnership with my long-time collaborator Joey Weisenberg brings me to beautiful Seattle, and I couldn't resist the pull to stay longer and explore Washington State a bit more ... and what better way than through music! Chava was already booked to join Joey and I on our Seattle concert...and then it was a no-brainer, to plan to venture up a bit north together to sink into our strippeddown, duo sound.

Chava: A Seattle native, I was thrilled to hear Deborah and Joey were coming to my part of the country, and that I could not only welcome them to my community, but join them in harmony! What a dream! So when Deborah proposed the idea of taking our duo on the road on that leg of her travels, I knew Bellingham should be our first call - I was so blessed to do a concert at your synagogue a few years ago, and I'm so grateful to have opportunities to share music with a congregation like yours that truly values and invests in music and the transformative spiritual power of song. I can't wait to come there again in September, and to introduce Deborah to the stunning beauty of this region!!

Anniversaries

Sept. 1 Sept. 2 Sept. 5 Sept. 5 Sept. 6	Amanda Robins and Daniel Zagnoli Sarah Zarrow and David Schlitt Kendra Bradford and Todd Shuster Gary & Nancy Lazarus Jason & Chi-Na Stoane	(# 4) (# 4) (# 26) (# 40) (# 23)
Sept. 7	Jason & Carly Benhaim	(# 2)
Sept. 7	Camille & Matthew Keefe	(# 9)
Sept. 22	Tami DuBow & Frank Corey	(# 21)
Sept. 25	Perry & Katie Somers	(# 17)
Sept. 30	Marta & Craig Brand	(# 44)
Oct. 9	Jane & Erik Hammerstrom	(# 7)
Oct. 9	Roy & Leslie Shankman	(# 34)
Oct. 10	Marcy & Jeff Probst	(# 30)
Oct. 10	Mary Somerville and Gary Marzullo	(# 30)
Oct. 14	Mark & Naomi Pomerantz	(# 16)
Oct. 30	Emily & Zach Bastow	(# 11)

Did we miss your anniversary? Call the office at

(360) 733-8890 or email office@bethisraelbellingham.org with the month, day, and year of your special day.

Birthdays

SEPTEMBER 2022

9/1	Nancy Halpern
9/2	Owen Orloff (13th)
9/3	Emil Hecht
9/3	Samantha Sommers
9/4	Joel Cohen
9/4	Gaby Mayers
9/4	Chi-Na Stoane
9/5	John Cook
9/5	Marilyn Eisner
9/5	Elliot Levinson (15th)
9/6	Judy Berman
9/6	Mary Knight
9/6	Harriet Markell
9/9	Daryl Dixon
9/10	Kayla Schott-Bresler
9/11	Steven Garfinkle
9/11	Eytan Samuels (13th)
9/12	Miriam Davids
9/12	Marcia Lippman
9/13	Bruce Van Glubt
9/15	Lucy Naiman (14th)
9/16	Michele Sanger
9/16	Howard Sharfstein
9/16	Elizabeth Sheinkopf
9/18	Esther Faber
9/18	Mark Packer
9/19	Perry Somers
9/19	Gail Tolentino
9/21	Darcie Donegan
9/21	Emma Konikoff (10th)
9/21	Eleanor Witter McGarrity (1st)
9/22	Roby Blecker

9/22 9/23 9/23 9/23 9/23 9/24 9/24 9/24 9/24 9/25 9/25 9/25 9/25	Maria Koplowitz-Fleming Ellen Smith Elora Rose Banks Strich (2nd) Mark Hunter Ahuva Scharff Jerry Witler Nancy Davis		
9/27	, ,		
9/28			
9/30			
9/30			
9/30	Else Sokol		
OCTOBER 2022			
10/1 10/1 10/2 10/3 10/3 10/4 10/5 10/5 10/6	Tracey Levine Bernice Loober Warren Rosenthal Kayla Orloff (20th) Chiara Horton (13th) Orilev Wells-Langley (5th) Barry Meyers Jeff LaPlante Laoise Seltz (16th) Eli Genut (4th) Michael Lewis		

Koby Ravitsky (12th)

Fred Zell

Michael Sommers (18th)

10/7 Leslie Garrison 10/7 KJ Jantzen 10/7Orly Lindner (19th) 10/8 Sarann Donegan 10/8 David Goldman 10/8 Nancy Lazarus 10/9 Kevin Donner 10/9 Armando Lindner 10/10 Beverly Harrington 10/10 Amanda Robins 10/11 James Barney (8th) 10/13 Matthew Keefe 10/14 Ray Wolpow 10/15 Marta Brand 10/15 Gayle Gordon-Martin 10/15 Eloise Hecht (8th) 10/15 Warren Taranow 10/16 David Zimmerman 10/18 Shlomis Waters 10/19 Leslie Adelstein 10/20 George Farkas 10/20 Anniece Kiersky 10/20 Brandon LaChance 10/21 Gail Shuster (19th) 10/22 Minda Rae Amiran 10/22 Benjamin Burkill (3rd) 10/23 Nancy Joy Keefe (5th) 10/26 Thalen Cambo 10/27 Renée Relin 10/28 Lea Donner(13th) 10/29 Richard Simon 10/29 Katie Somers 10/30 Lynne MacDonald 10/30 Neri Maxim (19th) 10/30 Jay Solomon 10/31 Erik Hammerstrom 10/31 Gayle Kinney

Congregation Beth Israel is Going to Israel!

Victoria Mayers and Katie Edelstein have planned an unforgettable Interfaith Journey through Israel, leaving Seattle on March 29, 2023 and returning on April 9, 2023. Whether you're a first-timer or an experienced Israel traveler, this tour will be a journey through Israel's distant past, vibrant present, and a clear-eved, thrilling look into Israel's future. Consider inviting your friends to join you on this Interfaith Journey to Israel.

10/6

10/6

10/6

The cost per person for airfare/land accommodations/transportation is \$4,500 per person (double occupancy) which includes a \$250 discount for early bird registration if enrolled before the end of September, 2022. (Landonly pricing available where you can fly on your own and join the group in Israel).

If you missed the informational meeting on August 3 about the Interfaith Journey to Israel in 2023 and would like to view a recording of the meeting, please contact Katie Edelstein at katie.edelstein@bethisraelbellingham.org. For additional questions, please contact Victoria Mayers or Katie Edelstein.

Library News

The school year is almost here and we're getting the Kesher Library ready for the eager return of kids. We'll have lots of new titles to enjoy.

September/October 2022 Shabbat Service Schedule

PLEASE NOTE: All Friday evening services and Torah study will be accessible on Zoom. Each Friday evening service will be *hybrid*, allowing congregants and visitors to worship in the sanctuary, provided they are masked at all times and maintain social distancing. All Saturday morning services will be in person only. Proof of vaccination is no longer required, but vaccination is strongly encouraged. This schedule is subject to change, so please watch the weekly *Timbrel* or the Beth Israel website for updates.

Friday, Sept. 2 Saturday, Sept. 3	6:15 pm Kabbalat Shabbat Family Service, with leadership from Evan Konikoff 10:00 am Bar Mitzvah of Evan Konikoff – in person and	Saturday, Oct. 1	9:30 am Torah Study (<i>Parashat Vayeilech</i>) 10:45 am All-music, Contemplative Service with Andrea Shupack – in person
Friday, Sept. 9 Saturday, Sept. 10	on Zoom 6:15 pm Kabbalat Shabbat Service 9:30 am Torah Study (<i>Parashat Ki Teitzei</i>) 10:30 am Shabbat morning	Friday, Oct. 7 Saturday, Oct. 8	 6:15 pm Kabbalat Shabbat Family Service 9:30 am Torah Study (<i>Parashat Haazinu</i>) 10:30 am Shabbat morning service – in person
Friday, Sept. 16 Saturday, Sept. 17	service – in person 6:15 pm Kabbalat Shabbat Service 9:30 am Torah Study (<i>Parashat Ki Tavo</i>) 11:00 am Tot Shabbat service – in person	Friday, Oct. 14 Saturday, Oct. 15 Friday, Oct. 21	 6:15 pm Kabbalat Shabbat service 9:30 am Torah Study (<i>Parashat Vaetchanan</i>) 10:30 am Tot Shabbat service – in person 6:15 pm Kabbalat Shabbat
Friday, Sept. 23 Saturday, Sept. 24	7:30 pm Kabbalat Shabbat service, with leadership from the Ma'Ayan Shir ensemble 9:30 am Torah Study (<i>Parashat Nitzavim</i>)	Saturday, Oct. 22	Service 9:30 am Torah Study (<i>Parashat Bereshit</i>) 10:30 am Conservative-style, lay-led minyan – in person
Friday, Sept. 30	 10:30 am Conservative-style, lay-led minyan – in person 6:15 pm (Fifth Friday) "Shabbat at Home." No service, but Rabbi will lead blessings over Zoom. 	Friday, Oct. 28 Saturday, Oct. 29	7:30 pm Kabbalat Shabbat, with leadership from the Ma'Ayan Shir ensemble 9:30 am Torah Study (<i>Parashat Noach</i>)

CANTOR'S CORNER

Continued from Page 6

on artificial substitutes. Live, give, forgive, celebrate and praise. Don't forget to let yourself be awestruck everyday by the wonder of it all. Love life and enjoy every single blessing it has to offer."

There is a Jewish teaching that when we die, we will be held accountable for every blessing we did not enjoy. So this year let's soak up and share with others every goodness that we can. May we all be blessed with health, goodness, and sweetness in the new year.

L'shanah tovah umetukah! -Andrea

Onegs Are Back!

BY JOAN WAYNE

It's great to be gathering again for in-person services and *onegs*! *Onegs* from May to August have been provided by volunteers and B'mitzvah families and friends. An oneg list will soon be created for Sept-Dec. The pattern for services will be:

First Friday: Family service followed by a potluck – hosted by the class leading services

Second and Third Fridays: 6:15 service followed by an *oneg*

Fourth Friday: 7:30 service followed by an *oneg*

There will also be Tot Shabbat, Reform Saturday service and Lay Led conservative service—all followed by a pot luck lunch.

Please contact Joan Wayne to volunteer for a date. Please let Joan know if you are not yet comfortable with in-person services or are otherwise not able to host an *oneg*.

Please contact Joan to volunteer or with questions or concerns.

Joan Wayne 360-676-8939 jawayne2@gmail.com Observances follow the Hebrew calendar, unless the secular date is requested, and are read on the Shabbat prior to the observance date.

Friday, September 2

Dinah Godfrey	9/3
William (Billy) B. Davids	9/4
Nancy Zisook	9/5
Leonard Katz	9/7
Mary Warshal Glazer	9/8
Shirley Simmons	9/8
Rhea Frantz	9/9
Harold Lazaroff	9/9
Yitzhak Turovitz	9/9

Friday, September 9 and Saturday, September 10

Art Jensen	9/11
Rose Lassman	9/11
Dora Lebowitz	9/11
Rebecca Miller	9/11
Martin Wikes	9/11
Joe Lebovich	9/12
Ron Feiger	9/13
Sara Shaw	9/13
Lilian Suslow	9/13
Catherine A. Hanley	9/15

Friday, September 16 and

Saturday, September 17

Henry Gordon	9/17
Brooklyn Keefe	9/17
Nora Keefe	9/17
Sadie Adelstein-Meyerson	9/18
Louise Greenberg	9/19
Dale S. Hunter	9/19
John Smith	9/19
Roslyn Wolpow	9/19
Ted Zak	9/20
Blossom Becker	9/21
Harry Berman	9/21
Blythe Cole Busch	9/22
Crystal Myers	9/22
Rita J. Witte	9/22

Friday, September 23

Viola Faber	9/25
Jere Donegan	9/26
Sarah Hecht	9/26
Debra Winegarten	9/26
Jonas Relin	9/27

Sara Sylvia Seid	9/27
Fannie Thal	9/28
Irving Goldstein	9/29
Eleanor Moritz	9/29
Norman Parker	9/29
Irwin Weiner	9/29
Richard Meltzer	9/30
Friday, September 30	
Reva David	10/1
Harriet Rosenberg	10/1
Hannelore "Lala" Vernon-Debari	10/1
Jack Blecker	10/2
Mary Faber	10/4
Geraldine Witte	10/4
Carl Paschetag	10/5
Aaron Rosen	10/6
Edith Sonneman	10/6
Nora Eilenberg	10/7
Friday, October 7 and	
Saturday, October 8	
Harriet Korn	10/8
Bernard "Barry" Shapiro	10/10

Friday, October 14 and Saturday, October 15

Patricia Jantzen

Edith Lindheimer	10/15
Johanna Vohl	10/15
Trude Weil Bauman	10/17
Themeos Drossos	10/17
Joseph Jay	10/17
Carol Van Glubt	10/18

Maxwell Weiss Anthony Robert Flores Jay Harvey Kurt Jerome Koplowitz	10/19 10/20 10/20 10/20 10/21
Leonard Berman	10/21
Friday, October 21	
David Robinson, Jr.	10/19
Jacob M. Fine	10/23
Donald Kite	10/23
Alex Rosen	10/23
Joshua Louis Adelstein	10/24
Gladys Boehi	10/24
Lillian Konikoff	10/26
Shirley Adelstein	10/27
Reuben Dechter	10/27
Aaron David Schlesinger	10/28
Friday, October 28	
Gertrude "Onita" Glasco	10/29
Miriam Mitzman	10/29
Peter Harvey	10/30
Herman Horowitz	10/30
Annelise Guenter-Pedersen	10/31
Edith M. Lazarus	11/1
Dora Graff	11/2
Jack Irwin Moss	11/2
Phyllis Ruth Orlik	11/2
Max Mazonson	11/3
Sue Kodner	11/4
Ezra Meltzer	11/4
Bernice Sokol	11/4
Florence Spector	11/4

In Memoriam

Zichronam l'vrachah ~ May their memories be for a blessing

Our congregation offers heartfelt condolences to the following individuals and their families:

10/13

Sarah Witte on the loss of her father, **Dr. Edward "John" Booth**, who passed away on July 21, 2022 at his home in White Rock, British Columbia, with his wife and daughter at his side. He was 80 years old.

Nancy and Don Davis on the loss of their cousin and former CBI congregant, **Michael Golden**, who passed away peacefully at home on August 7, 2022 in San Rafael, California with his family at his side. He and his wife Susan would have celebrated their 57th wedding anniversary on August 15. Mr. Golden was 80 years old.

Rob Lopresti and Terri Weiner, on the loss of Rob's brother, **Tom LoPresti**, who passed away on August 16, 2022, one day short of his 83rd birthday.

THE SHUL SHOFAR

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